



News Notes

#1100 A weekly bulletin for residents of Auroville 9 October 2025



Photo by Alexey

Pondering



Evolution in its essence is not the development of a more and more organised body or a more and more efficient life—these are only its machinery and outward circumstance. Evolution is the strife of a Consciousness somnambulised in Matter to wake and be free and find and possess itself and all its possibilities to the very utmost and widest, to the very last and highest. Evolution is the emancipation of a self-revealing Soul secret in Form and Force, the slow becoming of a Godhead, the growth of a Spirit. In this evolution mental man is not the goal and end, the completing value, the highest last significance; he is too small and imperfect to be the crown of all this travail of Nature. Man is not final, but a middle term only, a transitional being, an instrumental intermediate creature.

Sri Aurobindo, Essays Divine and Human

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House of Mother's Agenda



(Meeting with Auroville's architect, N. and U.—N. is the Secretary of the Sri Aurobindo Society and U., his rival, the Secretary of Sri Aurobindo's Action. The architect gives Mother a flower.)

What is it?

I think it's "Supramental Clarity" or Vibration.

(Mother speaks in English)

I will tell you that we are preaching unity—unity of humanity—and we are all quarreling—horrible quarrels, resentments and all sorts of urgings that we condemn in the others. We are giving a nice example, and people laugh! Voilà.

It has come to me from many quarters.

Begin with yourself, they say, and they are right.

Each one, all of you have good reasons, everybody seems to lie. Everybody has "good reasons." You know, the ego is the most clever rogue I have ever met. He takes such nice, nice appearances, and each one says: "I would, but I can't." Voilà. And I tell you, from some places far away and from near, from far and from near, from India and from other countries: Begin with yourself. That is, we are ridiculous—ridiculous. And such good reasons we have!—all the people have good reasons. It is above reason, it has nothing to do with reason, nothing to do with that, we want... a new creation.

If the Divine had only for one hour the same feelings as men have, there would be no more world. That I can tell you. I have seen clearly—you believe me if you want—I have seen the world with the eye of the Divine. It is something so terrible, you know, so contrary to what it must be, that if the Divine said "only He," brrr! everything would go, there would be no world, there would be no men, there would be only That. *Des ego pulverises* [smashed egos].

It is difficult, it is the most difficult thing—we are here to do difficult things. We are in the period of transition. I can't tell you: be like this or be like that, because there is no example as yet. It is being done, and we are just at the time of the transition. It is very, very difficult—but very interesting.

For centuries and centuries, humanity has waited for this time. It has come. But it is difficult.

I don't simply tell you we are here upon earth to rest and enjoy ourselves, now it is not the time for that. We are here... to prepare the way for the new creation.

The body has some difficulty, so I can't be active, alas. It is not because I am old—I am not old. I am not old, I am younger than most of you. If I am here inactive, it is because the body has given itself definitely to prepare the transformation. But the consciousness is clear and we are here to work—rest and enjoyment will come afterwards. Let us do our work here.

So I have called you to tell you that. Take what you can, do what you can, my help will be with you. All sincere efforts will be helped to the maximum.

(Here Mother starts talking in French again)

Now is the time to be heroic.

(to be continued next week)

The Mother's Agenda, April 2, 1972

<https://incarnateword.in/agenda/13/april-2-1972-1>

Gangalakshmi HOMA

Townhall Speaks

ANNOUNCEMENT:

Constitution of the Appellate Committee

30 September 2025

Pursuant to notification of the Auroville Foundation (Admissions & Terminations) Regulations 2023, the Governing Board, in its 69th meeting held on 08 July 2025, has constituted the Appellate Committee to hear appeals arising from:



- rejection of applications for admission as a Volunteer, Newcomer or Aurovilian, or
- removal/ termination of individuals from the Volunteer List, Newcomer List, and Aurovilian List/ Register of Residents (RoR)

Appellate Committee—Members

1. Shri Aravindan Neelakandan
2. Prof. Goutam Ghosal
3. Prof. Sarraju

Invitee: Dr. Nirima Oza

How to Appeal:

1. The appeal shall be submitted in writing to the Admissions and Terminations Registry duly signed by the appellant. When writing, please include your full name, RS number, the decision being appealed (with date), and any supporting documents to facilitate timely review.

2. No appeal shall be entertained unless such appeal is received within a period of thirty days from the date the decision of the appropriate authority regarding rejection of admission or termination has been communicated to the volunteer, newcomer or resident, as the case may be.

3. During the pendency of the appeal, no coercive action shall be taken against the appellant.

4. The appeal shall be decided by the Appellate Committee within a period of thirty days of receipt of the appeal.

5. The decision of the Appellate Committee to confirm or revoke the decision appealed against, shall be final and binding.

G. Seetharaman,
Officer on Special Duty
From Mass Bulletin

HUMAN RESOURCES SERVICE (HRS) SURVEY

Human Resources Service (HRS) would like to document pertinent information on all the spouses & partners of Aurovilians who are residing in Auroville in Housing Service assets.

The information can be conveniently filled in

- [using the following link](#).

Spouse/ Partner Registration

1. Full name of the Resident who hosts the Spouse / Partner
2. Full name of the Spouse/ Partner
3. Date of Birth of the Spouse/ Partner
4. Place of Birth of the Spouse/ Partner: (city and country)
5. Children's information of Aurovilian/ partner
6. Name, age, studying in Auroville school—Yes or No?
7. Community name where the housing asset is located, where the Spouse/ Partner is staying
8. ID photo of the Spouse Aadhaar or Passport of the Spouse/ Partner
9. FS account for the transfer of the City Service contributions

HRS (Human Resource Service)
From Mass Bulletin

L'AVENIR D'AUROVILLE/ ATDC

Application Announcement 09-10-2025



Auroville
Town
Development
Council

L'avenir d'Auroville

A. The following building application has been received and is approved (feedback requested before the 23 October 2025 to be sent to: avenir@auroville.org.in):

Project Name: Auroville Cremation & Burial Ground, Storeroom

Applicant/s: Michael Knieps

Location/area: Adventure/ Green Belt

Estimated Cost: 3,63,672/-

Area for which approval is sought: 18 Sq.m

Project brief: The current storeroom at the farewell Burial and Cremation Grounds is too small to store all cremation, burial materials & firewood. Therefore, the applicant applied for a storeroom, and ATDC has granted a temporary approval for the storeroom.

Clarification on Project Feedback Process:

In Auroville, we aspire to a way of life guided by inner values—free from personal desire, preferences, and the sense of ownership. In this spirit, the practice of requiring or prioritizing subjective approval from immediate neighbours for development projects is no longer part of the application process.

When projects are published for community feedback, personal or subjective comments such as “neighbours choosing neighbours” or “neighbours setting development guidelines” will not be considered. All other constructive and relevant feedback is welcome and will be reviewed as part of the evaluation process.

We recognize that some projects may evoke personal opinions or attachments. We respectfully invite all Aurovilians to share their views in a spirit aligned with the ideals of Human Unity, Progressive Harmony, and The Spirit of Auroville.

For more information on specific projects or to schedule a meeting, please contact L'avenir d'Auroville (ATDC) at: avenir@auroville.org.in

Joel for ATDC

Community News

Obituary

NOTE OF UPDATE FROM THE FAREWELL TEAM

Open House

Sunday, 12 October, 10—12am

Greetings to all. We wish to update everyone on our work and its role and function in our community of Auroville.

The farewell team is not always a large team though it has several branches with volunteers participating in all; there are times when more willing and able participants would be needed and welcome.

This is an impersonal work which demands sensitivity, equality, good practical sense, readiness to serve, emotional stability, acceptance of any bodily condition, receptivity to the inner reality, attention and plasticity and goodwill towards all.

We share a sense of dedication to Mother and Sri Aurobindo, seeking to express it in the “Spirit of Auroville”, so that our understanding and experience of physical death in our individual and collective adventure may grow ever more conscious and free.

We would like to convey that everyone is welcome in contributing their observations and suggestions, and that whoever feels inclined to learn the various aspects of this work is most welcome to try and eventually become one of the resource persons available.

- For any Aurovilians with questions or prospective new members we will have an **open house**
Sunday, 12 October, 10—12am

We would also like to reaffirm that we are keen to remain free from all opinions and alignments that, in our collective life, may still interfere with our harmonious progress.

This service is for all in Auroville.

Suzie

Matrimandir News & Schedules

MATRIMANDIR ACCESS INFORMATION

Access to the Park of Unity

- The Matrimandir, the Petals, the Lotus Pond and the Banyan Tree are areas of silence.
- The Park of Unity is open to Aurovilians and registered Newcomers daily, 6am—7:30pm.
- Aurovilians may bring close family and friends to the Gardens daily, 9am—3:30pm.
- Aurovilians wishing to bring close family to the Gardens at any other time should inform
 - mmconcentration@auroville.org.in before 11am on the day of the proposed visit.
- Savi registered Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, registered Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.
- Savitri Readings on Thursday evenings: Guests holding only Aurocards wishing to attend should book by filling in the form at <https://bit.ly/savitri-reading> one or two days in advance.
- Visits to the Park of Unity and Inner Chamber should not be included in the program of any conference or workshop. Participants should be directed to the Viewing Point.

Access to the Inner Chamber of the Matrimandir for Aurovilians, Newcomers and SAVI Volunteers

The Matrimandir is a place for silent individual concentration. The Inner Chamber is open to Aurovilians and registered Newcomers:

- Monday—Saturday: 6—8am, 4:30—7:30pm.
- Sunday: 6am—12pm, 4:30—7:30pm.

The Inner Chamber is open to SAVI registered Volunteers:

- Wednesday—Monday, 8—8:40am.
- Arrival at 7:45am at the Office Gate.

The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 3 close family members and friends no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in:

- Any day except Tuesday & Sunday, 8—8:35am.
- Arrival at 7:45am at the Office Gate

The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:

- Tuesday 9—11am.

Auroville units can bring their staff to the Inner Chamber with a prior booking to mmconcentration@auroville.org.in

- Tuesday 8—8:30am.

Petals of the Matrimandir

The Petals are open to Aurovilians, registered Newcomers and Pass holders:

- Daily 7—8am, 5—6pm.

Access to Matrimandir for Visitors and Guests

Matrimandir Viewing Point: The Viewing Point is open to the general public on presentation of a Pass. Visits to the Matrimandir Viewing Point are free of charge. Free pass can be obtained at the Auroville Visitors Centre.

The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.

- Starting from the Visitors Centre. Daily, 9am—5:30pm.

The Inner Chamber of the Matrimandir is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point, or to go to the website: auroville.org

- Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years.
- The Petals are open to Visitors on the morning of their Inner Chamber visit.

Security

Please note that it is not permitted to

- Swim in any of the ponds, the channel and the Lake except the Children's ponds in the Garden of Youthfulness
- Throw pebbles into the ponds and fountains
- Pick flowers in the Gardens
- Climb to the very top of the Petals.

Parents, please supervise your children at all times.

Bags, cameras and cell phones should be left in the lockers or the Access office.

Please no photography, videos or drones without prior permission. For permission, please write to

- matrimandir@auroville.org.in.

Antoine
for Matrimandir Executives Team

AMPHITHEATRE

Meditations at sunset with Savitri 5:30—6pm, every Thursday weather permitting

Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music is on weekly for everyone to concentrate, in this beautiful open space in the very center of Auroville.

- **Reminder to all:** The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not use cameras, i-pads, cell phones, etc. No photos.
- **Guests with Aurocard** wishing to attend must book by filling in the form at <https://bit.ly/savitri-reading> one or two days in advance. Please bring your Aurocard with you.
- **Access by Office Gate for the Amphitheater only** from 5:15pm. Guests are requested to bring along their Aurocards. **Last entry for guests at 5:30pm.** Access limited for guests to the Amphitheatre
- **Last exit for guests at 6:15pm.**

Velmurugan
for Access team



Awakening Spirit

SAVITRI BHAVAN SCHEDULE,



October 2025

Exhibitions

- **Meditations on Savitri:** A painting exhibition of 472 paintings created by the Mother with Huta from 1961—67 is on display in the picture gallery
- **A Bilingual Exhibition on 'Sri Aurobindo:** A life-sketch in photographs' with texts both in English and Tamil is displayed in the upper corridor
- **Glimpses of the Mother:** Photographs and texts in the Square Hall

Films: Mondays, 4pm

- **13 October: The Mother on the Overmind Gods and The Mother on Overmind & Supermind**—The Mother explains that Overmind is the domain of the gods: the gods are conscious of their own divinity but do not know surrender and avoid incarnating on earth, except in the case of Sri Krishna. She also speaks about the long terrestrial evolution, the Veda's 'forefathers', her successful efforts to bring the Overmind down into the matter, how Sri Krishna descended into Sri Aurobindo's body, Sri Aurobindo's withdrawal, and how she came to be in charge of the sadhaks.

The Mother speaks in French and the English subtitles are on the screen. Duration: 40min.

Here are more insights: In the Earth's evolution, the first four emanations from the Supreme were: 'Consciousness, Consciousness in Light', 'Bliss', 'Truth', and 'Life'. In their power of independence, they separated themselves from the Supreme and became their opposites: 'Consciousness in Light' went down towards Unconsciousness, 'Bliss' turned into Suffering, 'Truth' turned into Falsehood, and 'Life' turned into Death.

When this happened, the Transcendent Mother, the Adya Shakti, put forth from the Supreme the Gods with their great powers and immortal personalities to repair the evil and to organize the world according to the Supreme Will.

Men with their ideas, beliefs, and through their worship nourish gods and deities, and religions came into existence. India's religious tradition and worship combine everything, including what came from the first Emanations. Thus, in India's pantheon there are also gods of destruction, of unconsciousness, and suffering.

The Mother mentioned that she had had contact with all the deities of all the religions.

The Overmind or Overmental plane—the dwelling plane of all the gods—has its own reality. This plane overlooks the earth, the mind, including the very highest mind, and has ruled the world through the different religions. The gods themselves are free of ignorance and unconsciousness, and every god has its own way of existence and divine life.

The Mother explains in detail the life of the gods on the Overmind or Overmental plane. She also talks about the difference in relation to the workings of the Supermind:

"To me, the overmental consciousness is a magnified consciousness: far lovelier, far loftier, far more powerful, far happier, far ... with lots of "far more's" to it. But... ..the gods don't have the sense of Oneness... So they are still on this side, but with magnified forms, and powers beyond our comprehension: the power to change form at will, for example, or to be in many places at the same time—all sorts of things that poor human beings can only dream of

having. The gods have it all. They live a divine life! But it's not supramental.

The Supermind is knowledge—Pure Knowledge. Yes, it is knowing—knowing what is to be known. There is no longer a play **between** oneself and things, it's.... Truly, the sign of the Supermind is Oneness. Not a sum of a lot of different things, but, on the contrary, a Oneness ... at play with Itself." (Mother's Agenda, 26.9.1962)

The Mother's explanations of the life of gods on the Overmind plane and the different characteristics of the working of the Supermind can give us ideas for our own inner and outer development and show the way towards the future and the New Creation. In addition, it is beautiful and uplifting to listen to The Mother's voice.

- The films [The Mother on the Overmind Gods](#) and [The Mother on Overmind & Supermind](#) by Aravind T Akki are available on YouTube.
- **20 October: Sri Aurobindo's Integral Yoga—Evolution Fast-forward, Part 2.** Psychology, Cosmology, Transformational Practice. An educational motion graphics film by Sopanam. Duration: 50min.
- **27 October: Evolution Fast-forward, Part 4—Spiritual History of India in the Light of Sri Aurobindo.** This film traces the spiritual evolution of India over 4000 years, seen through an original Indic perspective based on Sri Aurobindo's research to discover the past and future of India's gift to the world. Film by Sopanam. Duration: 75 min.

Dream Divine Series

This initiative is designed especially for newcomers, aiming to provide a deeper understanding of the Aims and Ideals of Auroville, the Life and Works of Sri Aurobindo and the Mother, and the principles of Integral Yoga. The series will feature interviews, lectures, and presentations by Aurovilians and Ashramites through video documentaries and live talks followed by interactive Q&A sessions. A wide range of topics will cover the richness and diversity of Auroville's vision, life, and reality.

- **Friday, 10 October 4—5pm,**
@ Sangam Hall

Living with Savitri—a recorded video of Dr. Prema Nandakumar.



- **Friday, 17 October 4—5pm,**
@ Sangam Hall

Sri Aurobindo and Spiritual Quest of Humanity—a recorded video of Dr. M.V. Nadkarni at Matagiri, 2004.



- **October 24: Ideal of Human Unity**—Talk by Ameeta Mehra, Gnostic Centre.
- **October 31: Finding the Divine through Karma Yoga.** A talk by Dr. Alok Pandey.

Savitri Satsang with Narad @ Savitri Bhavan

- **Every Tuesday, 4:30—5:15pm**
followed by OM Choir, 5:30pm

In this exploration of Savitri we will study the mantric lines of Savitri with the wealth of definitions from Sri Aurobindo and the Mother.

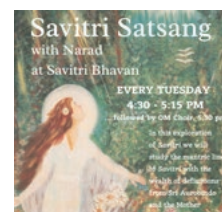
The Mother's words on Savitri:

"Savitri, the Supreme revelation of Sri Aurobindo's vision."

"... Savitri, that marvellous prophetic poem which will be humanity's guide towards its future realisation."

"... all the rest is preparation, while Savitri is the Message."

"The importance of Savitri is immense. Its subject is universal. Its revelation is prophetic. The time spent in its atmosphere is not wasted."



OM Choir

- **Fridays at 6pm @ Ashram School, Pondicherry**
- **Tuesdays at 5:30pm @ Savitri Bhavan, Auroville**

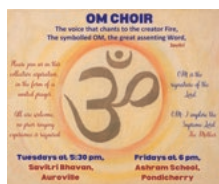
*The voice that chants to the creator Fire,
The symbolled OM,
the great assenting Word. Savitri*

Please join us in this collective aspiration, in the form of a united prayer.

All are welcome, no prior singing experience required

OM is the signature of the Lord.

OM: I implore the Supreme Lord.



An Introduction to Savitri:

Discovering Sri Aurobindo's Mantric Epic

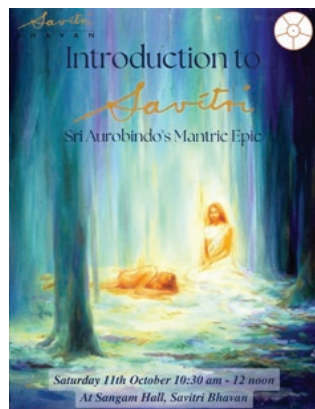
- **Saturday, 11 October, 10:30am—12 noon**

What is *Savitri* and why is it so significant? What can it offer us? How can it help us in our lives?

This accessible introduction will help you discover why the Mother called *Savitri* "the supreme revelation of Sri Aurobindo's vision."

What we'll explore:

- What *Savitri* is and why it is so significant
- How to begin reading this mantric poem
- The *Meditations on Savitri* painting exhibition
- Practical tools for your own exploration



No experience needed, all are welcome. We'll create a supportive space for questions, sharing, and discovery.

"My child, yes, everything is there: mysticism, occultism, philosophy, the history of evolution, the history of man, of the gods, of creation, of Nature; how the universe was created, why, for what purpose, what destiny — all is there. You can find there all the answers to all your questions. Everything is explained, even the future of man and of the evolution, all that nobody yet knows. He has expressed them in beautiful and clear words so that spiritual adventurers who wish to solve the mysteries of the world may understand it more easily."—The Mother

- **Cost:** You are free to contribute as much as you feel.
- **For more information:** 9818022420
savitribhavan@auroville.org.in

Please share with anyone who might be interested.

Listening into Presence

- **Every Wednesday, 5—6pm @ Picture Gallery**
- **Every Saturday, 4—5pm @ Square Hall**
- Guided by Misha (Mike).

Through stillness and silence, we will tune into the Presence, noticing its activity in our physical and subtle bodies.

Letting go of our mind and ego automatism we will open up into the deeper automatism that is beyond our doing and thinking.

We will seek to enter into a state of receptivity by not doing, getting ourselves out of the way to allow the Consciousness to bring about the right organization and balance of particles and energies.



Talks of Dr. Alok Pandey on Sri Aurobindo's "Essays on The Gita"

Wednesdays, 4—5pm:

- **8 and 22 October**
- **12 November**
- **3 and 17 December**

@ Sangam Hall of Savitri Bhavan



Regular Activities

- **Sundays 10:30—12noon:** Savitri Study Circle led by Larry Seidlitz
- **Mondays 3—4pm:** Finding the soul (Book 7 Canto 5 of Savitri) led by Dr. Jai Singh
- **Tuesdays 3—4pm:** Readings of the words of The Mother on Aims and Ideals of Auroville led by Dr. Jai Singh
- **Tuesdays 4:30—5:15pm:** Savitri Satsang led by Narad
- **Tuesdays 5:30—6:15pm:** OM Choir led by Narad
- **Mondays to Saturdays 3—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Thursdays 4—5pm:** Videos of The English of Savitri led by Shraddhavan
- **Fridays 3—4pm:** Reflections on 'Release of Ego' part 2 of Ch. 9 from The Synthesis of Yoga led by Dr. Jai Singh
- **Saturdays 5—6:30pm:** Satsang led by Ashesh Joshi

New Activity from October 2025 onwards:

- **Fridays 5—6pm:** Hymn to the Earth (*Bhūmi Sūkta*) from the Atharva Veda—Invitation to a collective sharing by Nishtha.
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9am—5pm
- **Library and Digital Library** is open Monday to Friday 9am—5pm.

Margrit & Dhanalakshmi for Savitri Bhavan

LEARN THE 1008 NAMAS (SACRED NAMES) of the "Divine Mother"

Thursdays, 6—6:30pm @ Buvana's house, Certitude

Dear Devotees of The Mother,

Here is an opportunity to learn the 1008 namas (sacred names) of the "Divine Mother", "Sri Lalitha Sahasranamam" weekly on Thursday evenings from 6pm to 6:30pm at Buvana's house in Certitude Community.

- Please contact Buvana 9443703287

Submitted by Grace

LABORATORY OF EVOLUTION LIBRARY



Focused on the evolutive vision, work of Sri Aurobindo & The Mother. Many related subjects from Traditional knowledge: Religion, Esotérisme, Contemporary Sciences, New Physics, New Biology, New Dimensions, NDE Body Consciousness, Health... etc. You can find there the complete works of Sri Aurobindo & The Mother in many languages, books written by Ashram Disciples & Aurovilians. Also documents related to Auroville, books, CD & DVD, films & lectures.

- **Open Monday to Saturday 9am—12pm**
Tuesday & Friday 2:30—4:30pm
- Open for Aurovilians, Newcomers, Volunteers, & Guests
- LOE Library is now **located at Horizon**, in front of Sve Dam, on the right side of Lorenzo's building. *Kalyani*

BHARAT NIVAS PRESENTS

A weekly study circle

A weekly study circle on

The Synthesis of Yoga

- Sri Aurobindo

By Deepti Tewari

4:30 pm - 5:30 pm

Every Tuesday

Venue :
Resource Library,
Bharat Nivas, Auroville

Scan for Location




Tamil Philosophy & Kirtan

BHARAT NIVAS
அரசு நிதி உதவி பெற்ற
The Pavilion of India, Auroville
Presents

TAMIL PHILOSOPHY & KIRTAN

06:00 pm - 08:00 pm
Friday, 10th October 2025

Venue:
SAWCHU,
Bharat Nivas, Auroville

Sathiram by Bala
(06:00 - 07:00 pm)

Stothiram by Mr. R. Shakthivelu
(07:00 - 08:00 pm)

All are welcome...



Monisha

BHAGAVAD GITA CHANTING

- Every Sunday morning, 7—8am
- @ The Mother's Flower Garden

All are welcome to join the Bhagavad Gita Chanting sessions

For queries: vidyamandir@auroville.org.in

Deven for Vidyamandir Auroville Team



Education

TUITION CLASSES

Available

- Tuition classes available from 1st to 12th grade level in all subjects.
- Crash course available for 10th and 12th grade level.
- For further information contact ashree@auroville.org.in/ 8270512606 WA only.

Ashwini

FREE AI

Masterclass for all

Saturdays, 10—11am @ Hive, Auromode

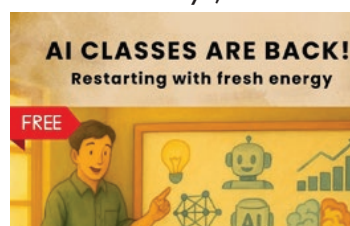
AI CLASSES ARE BACK!
Restarting with fresh energy

FREE

• Prompt Engineering
• Generative AI (GenAI)
• AI Development
• Data Science

• Every Saturday: 10am to 11am
• Location: Hive, Auroville

Registration: RSV to +91 9886740850
Join us on this journey once again




Are you looking to transform your future and career with AI? Come Join our Free AI Masterclass at Hive Coworking Space facilitated by S.M. Pandi Subramanian, founder of Enthiram. AI, with over 20 years of pioneering work in AI innovation and solutions. Open for all, no prior experience needed.

+91 9886740850,
Dhesh

ILAINARKAL EDUCATION CENTRE

Vanakkam! In line with our motto—Supporting the workers and children of Auroville through shared learning and holistic empowerment—we invite you to engage with our team of resource experts. As part of our Further Learning Programs, these specialists help strengthen vocational skills—from tailoring and craftsmanship to wellness and cultural arts—and foster holistic development across our learning community. Please feel free to share this information with your teams, workers, and networks across Auroville to co-create research-based initiatives for the future of Auroville as envisaged by The Mother.



Activities

Name	Expertise	Availability
Anandou	Yoga & Wellness; Spoken English	Monday—Saturday Afternoons, 3:30—6pm
Drupad	Performing & Visual Arts Specialist	By appointment
Harshini	Women & Children Welfare Consultant	By appointment
Monika	Bharatanatyam Dance Instructor	Sundays, 3—4:30pm
Prabha	Tailoring & Textile Design Mentor	Monday—Friday, 9—3pm
R. Meenakshi	Tamil Culture, Poetry, Language & Village Social Dynamics	Thursdays Session 1: 3:30—4:30pm; Session 2: 4:45—5:45pm
Ramesh Karunakaran	Editorial Support; Tamil Language Typing & Tamil Poetry	By appointment
Sivakumar	System Design & Research in Tech- nology and Social Entrepreneurship	By appointment
Vatchala	Library In-charge & Reading Circle Facilitator	Monday—Friday Mornings, 10am—12pm

To Enroll: Please call us at 0413 2623773 to book your slot in advance.

Sivakumar & R. Meenakshi for IEC

BIRTHDAY OF STEM LAND

9 October, 9am—1pm @ Udavi School

Join us to celebrate!

10th
BIRTHDAY OF STEM LAND
9AM - 1PM
9TH OCTOBER

STEM LAND,
UDAVI SCHOOL CAMPUS, EDAYANCHAVADI,
AUROVILLE, TAMIL NADU - 605101
Email ID: stemland@auroville.org.in



Poovizhi for STEM land

SATORI: EDUCATIONAL SERVICES

- Physics and Chemistry CBSE grades 11—12;
- Edexcel IGCSE and International Advanced Levels (grades 9—12).
- Mathematics 7—8 grades as preparation to high school science.
- Exam preparation through knowledge and understanding.

Sergei, 9442934078,
satori.auroville@gmail.com

SUPPORTIVE LEARNING SATELLITE: SLS TEAM

We are happy to share with the entire Auroville community that the Supportive learning Satellite (SLS) is now becoming an official unit under SAIER. Our service began in 2015 under the umbrella of the Teachers' Center, SAIER.

Currently, we are a team of five facilitators, working with children either in small groups or through individual sessions, depending on their needs.

Supportive Learning Satellite offers support to all children, regardless of the educational system they are part of. Our aim is to provide individual attention, continuity, and follow-up.

Specifically, we support:

- Children requiring specialized education and IEP/ICP (Individual Educational or Counseling Plans)
- Students facing specific learning challenges such as ADD, ADHD, ASD, ODD, Dyslexia, Dyscalculia, and other learning difficulties

The support provided may focus on: Academic or behavioral aspects. Referrals for children requiring further medical support or assessment. Advise and help to implement family support. Giving ongoing advice and training to administrators and teachers in Inclusive Education, learning difficulties, and Neurodiversity

- Please contact us: 9655519546, sls@auroville.org.in

Ana and Laura for SLS Team

LEARNING SPACE OPENS DOORS FOR KIDS of guests, volunteers and newcomers

Aarambham Learning Space is open for children of guests, volunteers, and newcomers of Auroville. Learning Space is an initiative of SAIER, offering a space for orientation, integration, and exploration of Auroville before school enrollment. As well as preparation and adaptation of new students of age from 6 to 12 for the Integral Education model of Auroville schools. A team of facilitators experienced in arts, personalized academic activities, physical education, awareness fostering is ready to receive new students.



Our additional weekly activities outside and inside of the campus will include visits to Matrimandir, units and communities of Auroville, classes of practical skills, story creation and forest exploration.

- Drop off time 8:15 to 8:45 am
- Pick up time 3:30 to 4:40 (depending on the age of students)
- Lunch and snacks are provided.
- We are able to host 10 to 20 students.
- Standard Auroville schools fees apply.

Aarambham located at the former TLC base camp, near Dehashakti, in the natural surroundings of Baraka forest.

Parents of students are welcome to participate in various ways. For admission/visit, please make an appointment at aarambham@auroville.org.in.

Alexey

CALL FOR GRANT PROPOSALS

A two part-grant application and budget request form is available on request from abundance.pcg@auroville.org.in to apply for possible funding from the Foundation for World Education (FWE) in 2026 and Stichting de Zaaier (SDZ) year end funding for 2025.

Please submit your filled in forms and any other documents related to this purpose as attachments to a covering email addressed to: abundance.pcg@auroville.org.in

- Latest by Monday, 20 October 2025.
- request form is available on request from abundance.pcg@auroville.org.in

Questions and early submissions are very welcome,

Devi, Pala, Sauro, Tineke, Vani for Abundance (PCG)

NOTES FROM SAIER:

Questions of Scope and a Website

SAIER was founded in 1984. In the last few years, we have revisited old documents and past work to ask: why was SAIER created? What is its scope? What could its role be in the context of Auroville today?

Perhaps the scope is in its name: Sri Aurobindo International Institute of Educational Research.

It begins with **Sri Aurobindo**, and his gift to the world, the force in action he represents in our current evolutionary crisis. And so the question: how do we remind ourselves of His work? Realign perhaps with a direction we may at times have shunned as too far off, so "let's do this for now..."

International: if we look around ourselves, we may find we are missing some representation from nations where the young people of the world find themselves today—the Global South—full of enthusiasm and seeking and urgent need to find new paths... would it not be interesting to reach out in these directions, and see what bridges we might build?

Institute: it's a word perhaps our Auroville society is a little weary of, since it's very beginning... for life itself must find a way, and imposed structures tend to suffocate the flame. And yet, it's here... this word. Part of our work and quest. What if we sought to find what institute could mean? An attempt to find an approach, even in today's context, which shifts away from the hierarchical institutions we do not wish to recreate, into perhaps a more Subjective form of evolving networks? A something new, finding its way so as to simultaneously hold a sense of continuity and accountability and offer space for the New Consciousness to breathe, and to seep into our collectivities.

Education: an unending education and constant progress ... it's been a 50-plus-year journey for Auroville education, often dancing between extremes of structure and freedom. As AI arrives, as numbers grow, as we question the education systems we have so carefully erected, is it time, finally, to zoom out of the context of schooling and imagine perhaps a gradual shift towards more flexible learning environments with the inner quest at the very centre?

Research: Auroville is a living laboratory, experimenting in all fields of human life and endeavour. Yet much of these experimentations remain unwritten. What could research mean in the context of Auroville? What could the research of tomorrow look like? Is it an exercise we are ready to undertake, to jot down and organise, the questions we seek to answer, the attempts, the falls, the learnings.

These are some of the questions which have been raised, some of the discussions we have been having. And in an effort to understand what works SAIER may take up, the first tiers of a website have been born—saiier.org.

It is still under development, and hopes to offer soon a window into SAIER's ongoing initiatives: research projects, educational resources, reflections on practice and directions, and opportunities for collaboration.

Aurevan

Health Care

MARIKA HOME:

Company to the seniors needed

We are looking for a person who likes to be on one or two afternoons per week for two hours, 2:30—4:30pm in Marika Home, Samasti, opposite Pitanga, to give company to our seniors.

If you would like to try this, please contact 9787626452.

Mechtild



Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday, 8:30—12pm
- No sample collection on Saturday

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment

- Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor Consultation with Dr. Joseph, Dr. Pavan & Dr. Sana: Monday to Saturday	Nurse Care Thilagam, Ezhil, Archana & Sandhya, Daily: no appointment needed
Ayurveda with Dr. Be: TOS	Integrative Psychotherapy with Juan Andres: Monday to Friday
Physiotherapy & Massage with Galina: Monday—Friday	Homeopathy with Michael: Monday/ Wednesday/ Saturday
Midwifery & GYN Care with Paula: Monday & Wednesday	Soundbed Session with Sandhya/ Thilagam: Monday to Saturday
Bio-Well Assessment (Evaluation of your well-being) with Helena— <i>inquiry email: adminsante@auroville.org.in</i>	

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy. In case of cancellation or to reschedule, it is necessary to inform us in advance.

Dasha for Santé Services

LITTLE RED FEET

Tuesday and Thursday, 2:30—4pm



@ Humanscapes Hall

Little Red Feet is a parent-baby play and support group for babies aged 0—2 years. We meet every Tuesday and Thursday from 2:30—4pm

Each session has a gentle theme, with a joyful space for babies to explore and parents to connect. We also have baby-friendly snacks and tea/ coffee for parents. Join us for a nurturing way to celebrate early childhood together.

*Savithri for Morning Star,
+91 9130084284*

VISIT OF THE TIBETAN DOCTOR IN OCTOBER 2025

This is to your information, that the Tibetan Doctor and the team are visiting us on

- Thursday, 16 October, 2—5:30pm
- Friday, 17 October, 8:30am—1pm & 2—5:30pm
- Saturday, 18 October, 8:30am—1pm.

The consultation is held at Pavilion of Tibetan Culture, International Zone. Auroville.

We kindly request to get your appointment to get the consultation with the doctor.

- Contact 8489067332 WA to get your appointment.

Kalsang for pavilion of Tibetan Culture



AURODENT

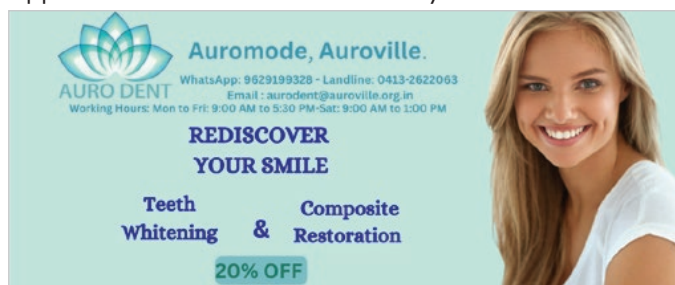
Dr Aravind Anto (Oral and Maxillofacial Surgeon)

We are pleased to inform you that Dr Aravind Anto (MDS—Oral and Maxillofacial Surgeon) will now be available at Aurodent Clinic.

He will be providing specialised treatments, including:

- Dental implant placement
- Wisdom tooth extractions
- Other complex extractions

Appointments can be booked directly at Aurodent Clinic.



October Combo Offer

- Free Dental Check-up
- 10% off Teeth Cleaning removes plaque and tartar

Our professional cleaning includes

- Ultra Sonic Scaler—removes plaque and tartar
- Air Flow Polisher—for deep cleaning and stain removal
- Paste & Brush—to polish teeth
- Calcium Paste Application—for stronger enamel

For Appointment:

- +91 9629199328 WA,
0413 2622063 landline
- aurodent@auroville.org.in

Working Hours:

- Monday to Friday: 9am—5:30pm
- Saturday: 9am—1pm @ Auromode

Jayasutha for Aurodent



Addiction Recovery sessions

- Every Tuesday, 3:30—4:30pm
@ Maatram, 1st floor, Arka

In addition to our Regular Therapy Sessions, we are adding another weekly walk-in session on Addiction Recovery.

These sessions are suitable for any kind of addiction including addiction to substances such as

- alcohol, cigarettes, tobacco, marijuana, coffee, sweets
- and addictive behaviours related to use of:
 - smart phones, social media, video games,
 - eating, porn and gambling.

Clinical Psychologist in Maatram

We are happy to welcome Beatriz to the Maatram team. She is a Clinical Psychologist who brings with her about 30 years of experience in the field.

As Spanish is her first and most natural language, Beatriz will be available and looking forward to offering support for Spanish-speaking community members.

Megha, Raam & Palani

WEEKLY

Baby Support Circle

Every Wednesday, 9am—12pm @ Lilaloka

Hello, wonderful parents! Join our Weekly Baby Support Circle hosted by Lilaloka!

We warmly invite you to our Weekly Baby Support Circle, a nurturing space created especially for parents of newborns to one-year-olds. Come as you are, connect with other parents, and celebrate the journey of raising your little one. Here's what to expect:



- **Heartfelt Connections:** Share your joys, challenges, and stories with other parents who truly understand.
- **A Safe Haven:** A welcoming, nonjudgmental space for growth, encouragement, and community.
- **Inspiring Sessions:** Special guest speakers to guide and support you on topics that matter most.

We can't wait to welcome you and your baby into this circle of love and support. Let's grow together!

Rotem

AUROKIYA INTEGRAL EYE CENTRE

Eye Care Services

9am—5:30pm, Monday to Saturday @ Arka

Aurokiya provides a range of eye care services for Auroville and the bioregion.

Available services

- Primary & emergency eye care
- Spectacles & contact lenses
- Eye Yoga & Vision Therapy
- Workplace & community outreach eye camps
- Support for visits to Aravind Eye Hospital

New services

- Retina imaging
- Intraocular pressure (glaucoma) monitoring

For registration & details

- +91 94880 05685, +91 8012305151, +91 9704258709, aurokiya@gmail.com



Aurosugan

SERVICES PROVIDED

This is Sruthi, 27 years old, an Aurovilian born and brought up in Auroville. I have completed my Masters degree in Physiotherapy (MPT) and I am specialised in Orthopaedics. I am ready to provide home care visits at your place.



- Neck pain, Low back pain,
- Knee pain, Heel pain,
- Frozen shoulder, Shoulder related pain,
- Muscle injury, Ligament injury,
- Sprain and strain,
- Sports injuries, Sciatica,
- Post fracture/ surgical rehabilitation,
- Stroke/ Paralysis, Facial palsy/ Bell's palsy,
- General fitness, Ergonomic advice,
- Geriatric care, Myofascial massage (Head&Neck/ Back)
- Pain is a sign that has to be taken care of.
- Kindly get in touch with me if you need my service.

+91 7904769496 WA,
auroshruthi@auroville.org.in
Sruthi Sundaram

CHILDBIRTH

and Pregnancy education

Morning Star offers education to expectant parents about conscious pregnancy, childbirth and parenting. Classes are conducted



- In both English and Tamil
- Every Wednesday, 5—7pm
- @ Creativity—Hall of Light.

Classes include gentle body movement, educational topics related to pregnancy including Birth plan, Birth without fear, Stages of labour, Partner role & comfort measures during labour, Breastfeeding, Father's role and Postnatal & newborn care.

We invite all expectant parents—Aurovilians, Newcomers, Volunteers, Staff and couples from the Bio region to join us.

If you would like more information or to join the class, please contact Savithri through only +918940571774 WA or email us at morningstar@auroville.org.in

Paula
for Morning Star Team

Animal Care

Dog for Adoption

This beautiful and friendly dog has been hanging around La Terrasse for two weeks. He appears to have been abandoned. He's a male dog and a true gentleman who loves eating croissants. We hope someone will adopt him.



Contact Rita at 6384693167

International

KOREAN PAVILION PRESENTS

Bojagi Art Workshop & Exhibition @ Centre d'Art:

Korean Pavilion is delighted to present a unique workshop and exhibition on Bojagi, the traditional Korean art of wrapping, which embodies both beauty and practicality. Characterized by vibrant colours, and magnanimity of spirit, Bojagi is deeply rooted in Korean culture and has been passed down through generations as a symbol of blessing, care, and creativity.



Bojagi Knotting Workshops:

Learn the art of tying and wrapping Bojagi in hands-on sessions!

3 slots available:

- 16 October, 3:30—5pm
- 17 October, 3:30—5pm
- 22 October, 3:30—5pm

Register:

- +91 9489904112 WA. Limited seats available

Bojagi Art Exhibition:

- Opening on 21 October, 4:30pm

The opening will feature a special Bojagi light installation, accompanied by traditional Korean tea and snacks.

Marco

UNITY PAVILION PRESENTS

Unity Pavilion Regular Events

Day Time	Venue	Event Details
Wednesday, 5:30pm	Unity Hall	Sound Bath by Svaram: Experience the gentle power of sound as it flows through you, bringing balance, deep relaxation, and inner harmony.
Thursday, 3pm	Oneness Hall	Tao of Tea—Sencha Style Tea Ceremony by Isha: A conscious and immersive experience of tea's spiritual and healing power, nourishing both body and soul.
Thursday, 5pm	Hall Of Peace	Silent Meditation by Pierre: Tune into your psychic self and experience deep inner peace and calm for awakening within.
Friday, 6pm	Unity Hall	The Flow: Chakra Meditation by Sergei & Preeti: Awaken your inner energy and activate your meridians and chakras through sound, mantras, and frequency for deep healing and balance.
Saturday, 10am	Garden	Kids Art Class by artist Janakiraman: A playful exploration of watercolor techniques for children.

By Appointment:

Day Time	Venue	Event Details
Tuesday, 5pm	Hall of Peace	12 Qualities and the Mother's Symbol by Jaya—A deep exploration of The Mother's Symbol and 12 Qualities that embody the path of inner transformation.
Monday	Hall of Peace	Peace Tea Ceremony by Jaya and Isha
Saturday	Hall of Peace	Cyanotype exploring unity prints on paper and fabric

The Flow: Chakra Meditation

Connect with the Source and enter the Flow.

- Friday, 6—7pm @ Unity Pavilion



Through ancient Beej mantras and healing frequencies, this meditation awakens the chakras and opens the meridians, allowing prana to move freely through the body. As the energy flows, it releases emotional blockages, eases stress, and restores balance—leaving you with a deep sense of lightness, harmony, and renewal. Experience a journey of sound and vibration!

Presented by The Unity Pavilion Research Team:

Sergei—Electronic Musician, Specialist in Social & Musical psychology

Preeti—Author, Life coach, and Researcher with 25+ years in Integral Yoga & Human Development

Kids Art Class by artist Janakiraman



Tao of Tea—Sencha Style Tea Ceremony



Art for Land: Inner Awakening and Outer Expression

- Show on till 31 October @ Unity Pavilion Monday—Saturday, 9am—5pm



Art for Land 2025 presents “Inner Awakening & Outer Expression” celebrating handcrafted expressions in textile, art, and sculpture, as an artistic tribute to Sri Aurobindo’s birthday.

Inspired by Sri Aurobindo’s Four Austerities—Knowledge, Love, Power, and Beauty—and the vision of his Fifth Dream, this exhibition brings together textile works from the Sri Aurobindo Ashram, Auroville-based units To Be Two and Hibiscus Heroes, and other artists whose inner Tapasya (spiritual practice) finds form through powerful, creative expression. The exhibition invites viewers to witness this inner-to-outer movement: how silence, practice, and aspiration are transformed into colour, form, and texture.

We warmly invite you to visit the exhibition!

Priya
for Unity Pavilion

FRENCH PAVILION PRESENTS

@ Pavillon de France, opposite the Visitor Center

Board games

- Wednesdays, 4—5:30pm

French Pavilion welcomes you every Wednesday, 4 to 5:30pm for Board-games. Come to relax and have fun, meet new friends and test your creative thinking by playing board games at the French Pavilion! For all ages, languages and levels.



Submitted by Vivekan

Kafmaron: Musical Workshop

- **Wednesday, 15 October, 2:00 to 3:30 pm**
@ French Pavilion.
In partnership with Alliance Française, free entrance

A musical workshop led by Kafmaron and his musicians.

Kafmaron is a singer-songwriter from La Réunion (France). His music fuses Maloya, the traditional music of La Réunion island, with Reggae influences. His lyrics tackle themes such as love, identity and social struggles, while remaining deeply rooted in Reunionese culture.

This workshop will allow you to discover the songs, rhythms, and history of Réunion Island (French island located in the Indian Ocean) through music.

After a short demonstration, Kafmaron and his two musicians will present their instruments and introduce us to musical composition techniques.

This workshop is bilingual (English and French).



Discussions

- **Rendez-vous ce vendredi 17 octobre 2025**
à 17h au Pavillon de France



Le Pavillon de France vous invite à participer aux Discussions. Un rendez-vous en français, ouvert à tous, pour réfléchir ensemble à des questions de société, d'identité ou de sens.

*Chacun est invité à partager son point de vue,
Ecouter celui des autres
Et nourrir une discussion profonde,
Dans un cadre bienveillant.*

Un espace de parole libre, dans l'esprit d'Auroville : ouverture, respect et quête de sens.

Après les discussions sur la religion et la propriété, cette fois questionnons: "L'argent"

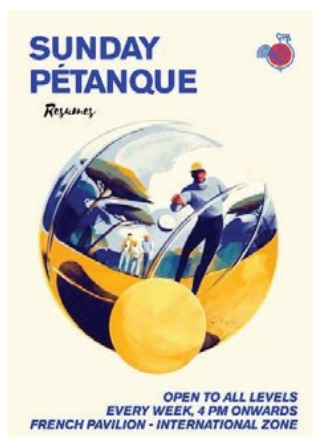
*Cécile
pour le Pavillon de France*

Sunday Pétanque

- **Every Sunday, 4—5:30pm**

Discover or rediscover pétanque, a classic French game of skill and strategy, played by throwing steel balls at a small wooden ball called a 'cochonnet'. Played in teams on flat ground, it requires skill, strategy and precision. Open to all levels, it's a great way to socialize while having fun. Come and share a convivial moment and bond with others in a relaxed and welcoming atmosphere!

Submitted by Vivekan



TIBETAN PAVILION PRESENTS

Exhibition on Dalai Lama and Auroville: Three Memorable Visits (1973, 1993 & 2009)

If you have MISSED the ongoing the Photo Exhibition of Dalia Lama's Three visit to Auroville.

This week is the last week, you are welcome to get the glimpse of the memories of His Holiness the Dalia Lama's last three visits to Auroville.

On the occasion of the 90th Birthday of His Holiness the Dalai Lama, the Pavilion of Tibetan Culture presents an exhibition on "Dalai Lama and Auroville—Three Memorable Visits (1973, 1993 & 2009)"

- **Open every day except Sunday.**

Starting right from Auroville's inauguration day in 1968, when soil of Tibet was put into the urn by a young Tibetan girl, continuing in 1971, when the Mother took 12 Tibetan children into the Auroville school and in 1973 when the Dalai Lama spent two days in Auroville and Pondicherry (on January 17, he met the Mother in the Ashram), the exchanges between the community of Auroville and Tibetans have been frequent and regular.

In December 1991, the Pavilion of Tibetan Culture became a unit of Auroville Foundation through a resolution of the Governing Board under Dr Karan Singh and Dr Kapila Vatsyayan, the famous Art and Tibetan scholar.

In January 1993, His Holiness agreed to be the Patron of the Pavilion. Later in the year, he came to Auroville to lay the Foundation Stone of the Pavilion and in January 2009, he returned to inaugurate the building.

I appreciate the development occurring constantly

I pray this place will be of immense benefit to others.

*His Holiness the Dalai Lama
in the Matrimandir's Guest Book,
January 20, 2009*

Pavilion of Tibetan Culture: The Library

- **Monday and Tuesday,
9:30am—12:30pm**

Library in Pavilion of Tibetan Culture is open to the public: We look forward of seeing you in the LIBRARY.

Wednesday Lahkar lunch continues

A weekly Lahkar Lunch is happening on:

- **Wednesday, 12:30—1:30pm**

To reserve your seat: 8489067332.

Last request receive at 5pm on Tuesday evening.



*Kalsang
for Tibetan Pavilion*

Youth Initiative

AUROVILLE BOARD GAMES Festival

Sunday, 12 October, 3—7pm
@ Town Hall AV Bakery Cafe

You are warmly invited to join us for the Auroville Board Games Festival! Come explore and enjoy over 60+ board games—from quick, light games to deep strategy ones. This week, several gaming communities are joining us to host special sessions, including:

- Dungeons & Dragons
- Werewolf
- Blood on the Clocktower
- Avalon
- Codenames
- & dozens of other international games!

Come alone, with friends, or bring your kids—it's an open, walk-in event to play, connect, and foster a sense of togetherness through games and laughter.

Organized by YouthLink,
Gautam



NVC ROLE-PLAY LAB

Every Thursday, 16 October—27 November,
4:30—6:45pm

Explore real-life conversations, practice empathy, and transform interactions over 7 weeks. Facilitated by Vega.

What we are going to do:

- Practice expressing yourself clearly
- Listen with empathy and understanding
- Experiment with real-life dialogues in a safe, supportive space
- Transform your conversations into connections!
- [Registration form.](#)



Jisung for Youthlink

MONEY & ME WORKSHOP

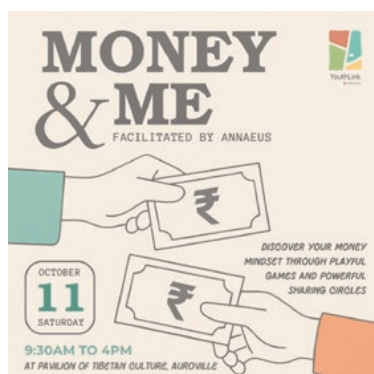
Saturday, 11 October, 9:30am—4pm
@ Tibetan Pavilion

Want to explore your relationship with money in a fun and interactive way?

Join us for a day of games, sharing, and new insights!

- **Registration:** <https://forms.gle/JCT-VRz8HAAJ8s3c8A>
- For more information, write to annaueus@youthlink.org.in

Jisung for Youthlink



Theatre, Music & Arts

CRIPA

Refuge in Auroville

• Saturday, 11 October, 7:30pm @ CRIPA

Pianist-composer Aman Mahajan presents *Refuge* in Auroville—a program of mostly existing *Refuge* compositions, along with a few new works, performed in formats ranging from solo piano to larger ensemble. The highlight of this performance is the featuring of guest artists from in and around the Auroville region.

For Aman, Auroville has long been a place of nourishment, support, and artistic community. CRIPA/ Kalabhumi itself has been one creative home, offering a welcoming space for recordings, workshops, rehearsals and performances over the years. This concert is both a continuation of the *Refuge* journey and a way of giving back to the community that has shaped it.

Rooted in thematic improvisation and drawing from jazz and diverse global traditions, *Refuge* is a collaborative project that has run over the past 12 years, reflecting on belonging, interconnection, and the ever-evolving idea of home. In Auroville, that search resonates deeply—not just in the music, but in the spirit of community it celebrates.

Dhani Muniz—fretless bass, electric guitar

Kirtana Krishna—voice; Raul Mattia—drumset

Arjun Chandran—resonator guitar

Sankarshan Kini—viola; Aman Mahajan—piano

Tommaso D'Avanzo—percussion

As always, this is a free event, contributions are welcome to support the artists and the venue.



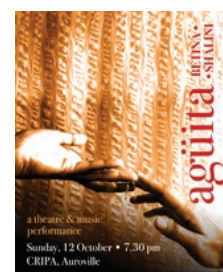
Betina and Shalini present Agüita

• Sunday, 12 October, 7:30pm @ CRIPA

Agüita tells stories of women's lives through live music, clowning, and physical theatre. Moving from the everyday to the raw and profound, it invites you into a shared space of laughter, tears, and reflection.

As always, this is a free event, contributions are welcome to support the artists and the venue.

Laura for CRIPA



THE THINKING HAND BY NANDITA SHARMA

3—11 October.

Opening on 3 October, 4:30 @ Citadine

- Saturday 10am—12:30pm & 2—5:30pm
- Monday to Friday 2—5:30pm

We are delighted to welcome Nandita as our current artist-in-residence. An anthropoet by practice, her work fluidly traverses painting, illustration, haibun, academic writing, lexical landscapes, ethnography, and abstraction—constantly blurring the boundaries between disciplines, mediums, and modes of thought.

Having previously lived and volunteered in Auroville, she returns through this residency with a project that attempts to create an "encyclopaedia of lenses", a layered, poetic network of connections to experience Auroville not as a place, but to explore it through borrowed lenses. In her studio, at Citadines, where she's been staying for the last two months, we can see her creating a lasagna of layers with words and images. One can clearly see how easily her writings become companion pieces to her drawings, inviting us into a space where images and words converse.



Marco

UPCOMING SHOW AT MAJI: PAUSE

Monday to Saturday 9am—5pm, till 18 October

PAUSE
Gayatri Gamuz · Supriya Menon Meneghetti



8 September to 18 October '25

Opening: 6 September, 4 - 5:30 pm
Timings: Mon - Sat, 9 am - 5 pm
MAJI Maroma, Agastion street, Kullapalayam, Auroville.

Gayatri Gamuz and Supriya Menon Meneghetti's art-works feature the common thread of being influenced by nature, balance and the understanding that a moment of stillness can reveal the clarity of a thousand thoughts. There is an emphasis on the act of creation itself, which allows for interpretation and invites the viewer to experience the work in a deeply personal way.

Sagarika Bhati, Gallery Manager,
MAJI, Maroma, majim@maroma.com

WATERCOLOUR PAINTINGS: Efforts Never Fail



1 September—31 October, 10am—5pm @ Aurelec
Exhibition of watercolour paintings by S. Alexraj B.V.A., Watercolour Artist, Puducherry, India.

Aurelec, Auroville Rd, Near SBI Bank Kullapalayam

• Contact Artist S.Alexraj B.V.A:
alexrajdart3@gmail.com, +91 8807013690

By Franz Fassbender

BHARAT NIVAS PRESENTS

Kalaripayattu Performance



BHARAT NIVAS
ਫਿਟ ਰੇਟੇ ਲਗ ਬਾਨੇ
The Pavilion of India, Auroville
In collaboration with
Kullapalayam
Presents
KALARIPAYATTU PERFORMANCE
Entry : 300 per person
Every Saturday
11:00 am - 11:30 am
Venue:
Bharat-Kalari,
Near Sri aurobindo Auditorium,
Bharat Nivas, Auroville

Monisha

Dance Activities

DANCE WITH DANIEL

Open Style:

Saturday, 4:30—6pm
@ CRIPA Small Hall

Hiphop:

Sunday, 5:30—7pm
@ Harmony Hall, Bharat Nivas

Contacts: +97 2557732584

• Instagram: [@daniel.helman.lee](https://www.instagram.com/daniel.helman.lee)

Daniel Lee



DANCE CLASSES BY MANI

Choose your Dance:
Bachata, Kizomba, Salsa, Tango
Register now: +9186376 33696

Salsa Dance

@ New Creation dance studio

- Tuesday:
Salsa class, 6:30pm
- Saturday:
Workshop, 7pm

@Bakisata_dance

Tango Dance @ CRIPA

Monday

- Beginner, 6:30—7:30pm
- Intermediate, 7:30—8:30pm

Friday

- Workshop, 6:30—7:30pm
- Open practice, 7:30—8:30pm

Contact: +91 8637633696



Mani

NEW REGULAR SESSIONS of Dance for Children

@ New Creation Dance Studio!



We offer classes for almost all age groups:

- **Toddlers' dance initiation**
from 4 to 5 years old, every Monday, 2:30pm
- **Children' ballet class**
from 6 to 8 years old, every Saturday, 9:15am
- **Twins' ballet class**
from 10 to 12 years old, every Saturday, 10:30am

Contact Fleur for enquiries:

- +91 9600225764

Fleur

AUROVILLE TANGO

@ Harmony Hall, Bharat Nivas

- Monday, 8pm:
Introduction to Tango
- Wednesday, 7:30pm:
Practica
- Friday, 6:30pm:
OpenSource
- Saturday:
Bi-monthly Milongas

No partner required.

Bring socks or dance shoes.

And plenty of joy!



+91 9821166082,
tango@auroville.org.in

Aurevan

Music & Art Activities

PHOTO CIRCLE MEETS AGAIN

Friday, 17 October, 5pm
@ Centre d'Art multimedia room,
Citadines

The Photocircle brings together Auroville's photographers and amateurs.

We share our own work, show the work of global photographers we admire, discuss the history of photography, and share techniques.

Anybody can bring and screen a small selection of images.

Everybody's welcome

Marco



SVARAM ACTIVITIES

Sound Healing Session



This 45-minute Sound Healing Session is designed to help you reconnect with your natural state of well-being. It offers a supportive impulse for self-healing and balance, guided by a certified sound practitioner. **By Appointment Only**

- Available Sessions: Solo, Duo or Group
- For details and booking: Scan the QR Code or <https://svaram.org/sound-healing-sessions/>

Sound Journey @ Unity Pavilion



We are back for our 2025—2026 Season!

- Every Wednesday, 5:30—6:30pm
- For details and booking: Scan the QR Code or <https://svaram.org/sound-journey-unity-pavilion/>

Sound Garden Tour



These unique spaces invite people of all ages to reconnect with themselves, nature and sound.

- Monday—Saturday, 10:30am—4:30pm,
- Sunday 10:30am—12:30pm
- For details and booking: Scan the QR Code or <https://svaram.org/sound-garden-art-installations/>

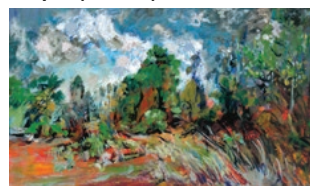
Aurelio
for the SVARAM Team

CREEVA

Center for Research Education Experience in Visual Art

Weekly Art Workshops & Sessions

- Watercolour Painting Workshop by Sathya
 - Every Monday, 5—7pm.
 - Life Model Drawing Session:
 - Every Tuesday, 5—7pm.
 - Live Portrait by Sathya:
 - Reach out to schedule a session.
 - Open Studio: A space for everyone to explore their artistic potential: Every day, 9am—5pm,
 - Contact Abi: +91 82206 12413
- For info contact Sathya:
- +91 9486145072
 - sathyacolour@auroville.org.in



Sathya
for CREEVA Art Studio, Creativity

Sports & Martial Arts

BHARAT NIVAS PRESENTS

Kalaripayattu Regular Class

- Monday to Friday
 - Morning: 6—7am, Evening: 5—6pm
- @ Bharat Kalari, opp. Sri Aurobindo Auditorium



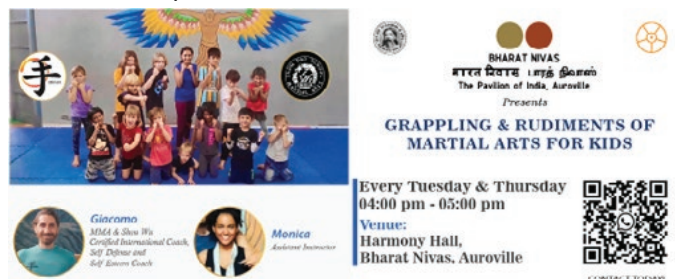
Regular Silambam Class

- Wednesday & Saturday, 5—6pm
@ SAWCHU



Grappling and Rudiments of Martial Arts for Kids

- Tuesday & Thursday, 4—5pm
@ Harmony Hall



Monisha
for BN Team

THE 2ND EDITION GREEN RIDE Cyclothon 2025

- **Sunday, 12 October**, Starts @ Certitude Sports Ground
- Ends @ Punjabi Dhaba, Auroville Junction, Moratandi Toll Gate
- **Distance**
 - 65kms for Elite & Master: Men
 - 47kms for Master: Women, Amateur (Men & Women) & Juniors (Boys & Girls)
 - 20kms for fun ride inside Auroville: All ages above 8 years old
- **Bicycle Type:** Only manually driven pedal bicycles are allowed.

Registration Fees include:

T-Shirt, Timing Certificates, Finisher medal, Technical support, Hydration support, Medical aid, Ambulance Services and breakfast.

Certificates/ Medal/ Cash Prize:

10. T-Shirt, Medals & Certificates provided to all participants.
 11. Lucky draw winners: Two Special Prize to overall Men & Women category at the prize distribution time. Names will be picked in front of all participants.
 12. Attractive cash prizes for the top 3 positions in each category.
- **Register:** www.aurovillesports.in



Raju, +91 9443074825

AIKIDO CLASSES

@ Auroville Budokan, Dehashakti

Aikido is a martial art created in the 1920s by Morihei Ueshiba, a master in traditional Japanese martial arts. Aikido is a path which aspires to the unity of mankind, the unification of the self with the universe, the union of Spirit and Matter. The Auroville Aikido group always welcomes new practitioners, Youth and Adults, and those who would like to revive their abandoned practice!



Changes regarding Aikido activity

Monday to Friday:

- Adult class: 6—7:30am
- Children class: 3:50—4:50pm

Saturday:

- Advanced: 6—8am
- Weapon: 8—9am

We also started a new activity named **Aikitaïso** it's a body practice based on Zen movement and Aikido body preparation. Perfect for everybody who wants to feel more grounded.

- Monday to Friday: 8—9am
- Friday: 5:15—6:15pm
- Saturday: 9—10am

8300643963 WA, Philippe G.
9952812843 WA, N. Murugan,
+ 33622053932 WA Michaël B.

MOVING MEDITATION

Taichi & Qi-gong

Taichi is the art of change. Learning how to drive your energy. It is a mental & physical training method.

- Every Monday & Tuesday 5:15—6:15pm @ Budokan, Dehashakti

Facilitated by Jiseong Park.

Contact:

+91 7094339490 WA



Jiseong for Youthlink

ABHAYA MARTIAL ARTS



Abhaya Martial Arts is proud to have trained over 500 students of all genders, ages, and experience levels. We've hosted expert Muay Thai coaches, Brazilian Jiu-Jitsu (BJJ) black belts, and introduced our students to a range of transformative practices. Our team has participated in national competitions and begun awarding official belts and degrees recognized by the Shou Dao School—a martial arts academy acknowledged by the Olympic Committee.



Our regular classes for adults @ 5:30pm

- Monday: MMA/Grappling with Coach Giacomo
- Wednesday: MMA/Grappling with Coach Giacomo
- Friday: MMA/Muay Thai/K1 with Coach Ruben, Coach Tanguy and Coach Giacomo

Please note:

- Contribution required
- Be punctual. Short nails, sportswear and no jewelry
- Stay home if you're unwell or have open wounds

For updates and participation: +91 9487340778 WA msg.

Brazilian Jiu-Jitsu classes for kids!

- Tuesdays & Thursdays, 3:30—4:30pm for kids aged 4 to 13.
- Contribution required
- For more info or to join the kids' WA group: +91 8448077070

Send your child in sportswear, with a water bottle—and a big smile!

Classes are led by **Monica**, an experienced assistant instructor beloved by the kids. At Abhaya, we teach Brazilian Jiu-Jitsu in a **non-competitive way**, focusing on **discipline**, **self-control**, and a solid, practical foundation in martial arts. BJJ is one of the most effective real-life self-defense systems and is proven to enhance **cognitive skills** and **fine motor development**, especially in young children.

Giacomo for Abhaya

KSHETRA KALARI @ ASPIRATION SPORT GROUND

- **Kalari Classes for Beginners**
 - Morning classes: 6:30—7:30am
Monday, Wednesday, Friday
 - Evening classes: 5—6pm,
Tuesday, Thursday, Saturday
- **Kalari Classes for Advanced People**
 - Morning classes 6:30—7:30am
Tuesday, Thursday, Saturday
- **Kalari Massage Available**
 - By appointment, 9042009200



Maneesh

THE ART OF CHI: STEVANOVITCH METHOD

Classes with Hans

Tai Chi Quan & Chi

- @ Dehashakti outside
- Tuesday and Friday, 6:30—7:45am

Body awareness & Relaxation

- @ Budokan Dojo, Dehashakti
- Wednesday, 5—6:15pm

For more info:

- 8110848123 WA.

Submitted by Hans



AUROVILLE FUTSAL FOOTBALL CLUB

Futsal is played on a much smaller court, it is more fun and intense, with more opportunity for goal scoring.

We play futsal in Dehashakti,

If you like football/ futsal and you want to learn, play and have fun, come and enjoy with us!



Girls all age/ level are playing

- Mondays and Wednesday, 5pm
- Please contact Balaji:
8940224950

Boys 16yo+ are playing

- Tuesdays and Fridays, 5pm
- Please contact Beber
638563 5943

Submitted by Beber



MORNING SWIMMING CLASSES FOR CHILDREN

Limited spots available!

Tuesdays & Thursdays, 6:30am—7:30am @ La Piscine

- Group classes for Aurovillian kids aged 11 to 15 years
- Safe and fun environment with professional guidance

Build confidence, improve technique, and enjoy the water!

- **To enquire:**
+91 8940 288090 WA



Sonia and Ana

SWIMMING CLASS

Swim to Serenity: Waves of Strength!

- Water therapy, open water
- Oceanic Water dance
- Water movie
- Swimming in pool

@watersport_mani

Book now: +91 8637633696

Package swimming class

Mani



Bioregion & Nature Activities

FROM GARDEN WISDOM TO LIFE DESIGN,
from Soil to Soul

PERMACULTURE & HUMAN PERMACULTURE

From Soil to Soul: Intro workshop

Explore how nature's principles can inspire harmony and abundance in your garden, your community, and your life

By JOI Anitya

Saturday October 11
Saturday November 8
Saturday December 6

Morning THEORY
from 9 AM to 12:00
Afternoon HANDS-ON
from 4 PM to 5:30

An Introduction to Permaculture & Human Permaculture Workshop.

Nature has spent 3.8 billion years perfecting the art of collaboration, resilience, and abundance. Now it's time to learn her secrets and apply them to your own life!

If you would like to discover how observing nature can guide us in creating thriving ecosystems and human organizations, join us in JOI—Anitya!

What to expect?

Morning Theory: From Garden to Life Design, 9am—12pm

- Decode the 3 Ethics that govern all thriving systems (Earth Care, People Care, Fair Share)
- Discover how observing Nature can guide us in creating fair, resilient and balanced human organizations
- Learn how to apply some principles that turn problems into solutions
- **Extra:** Bernard Alonso's revolutionary "Human Permaculture"—discover your natural niche and how to design your life using nature's patterns

Afternoon Hands-On: Garden Practice, 4—5:30pm

- Get your hands dirty! Apply permaculture principles in reality
- Learn practical techniques
- See theory come alive through direct action in nature

Choose Your Date

- Saturday, 11 October
- Saturday, 8 November
- Saturday, 6 December

Choose Your Schedule (join for one or both) :

- Morning Theory: 9am—12pm
- Afternoon Practice: 4—5:30pm

Practicalities

- No experience needed
- Free for AV, NV & volunteers/ 250 INR contribution for guests
- Location: Anitya Community, Center Field (Follow the Anitya signs) in Maloka Hall

Ready to Transform?

Contact Camille: +33 677793514 WA

Mathilde

WELLPAPER WORKSHOP

10am—4pm, every day except Sunday

Join our workshop to learn & enjoy the process of turning waste paper into art. Create your own unique upcycled products from old newspapers to take home.

Wellpaper:

- +91 9385744722, 0413 2969722

Viji



SOLITUDE FARM ACTIVITIES



Saturday Free Farm Tour! Be a part of a weekly farm tour to learn where your food comes from. Free guided farm tour only on **Saturdays, 11:30am**. For the larger group (5+) and private bookings, there is a separate charge.

- Please email us at: solitudepermaculture@gmail.com

Education at Solitude Farm is all about reconnecting with local food. Local food is our nutritional heritage and at Solitude we help bring awareness and adoption of locally grown produce in our daily lives. Workshops at Solitude:

• 3 days Intensive Permaculture Weekend Workshop

- View schedule and book here: <https://solitude.farm/workshop/>

Join us on a road back to nature with this intensive and hands-on workshop that will empower you to start growing your own food and gain insight into knowing where your food comes from. Explore the principles of permaculture; mulching, rotations, intercropping, understand the steps to create a food forest, start a nursery, make your own soap and recycle your waste water, learn about seed saving and lots more.

• Mini Permaculture Workshop

- Please email us: solitudepermaculture@gmail.com for the booking.

We offer mini permaculture workshops as private bookings for the group size 4 + participants. Duration: 2 hours. The group can select any workshop module mentioned below.

- Introduction to permaculture through local food:** Solitude Farm is a true example of Masanobu Fukuoka's philosophy in practice—a road back to nature through eating local food. In this workshop explore the wide diversity of plants that grow around us, their countless benefits, and delectable taste and even learn how to make your own vegan sushi, salad and coolers!
- Handmade Soap-Making:** By revaluing papaya seeds, neem flowers and soursop leaves, create your own natural soap and recycle waste water to grow your own food. We'll show you how to pack your soap in banana leaves and inspire you to cut out packaging with simple, creative ideas. The soap is yours to take away!

Farm Fresh Basket Service: A long term commitment to your health! A weekly basket filled with a rainbow of seasonal fruits and vegetables, along with a unique salad kit to ensure a complete nutritional package. This basket is available to anyone from the bio-region. Pick up your basket from the cafe—Mondays, Wednesdays or Fridays.

- Please email us at solitudepermaculture@gmail.com to book your basket.

Lunch Scheme @ Solitude

Experience a wholesome lunch scheme at Solitude Farm—freshly prepared straight from our farm every day. Enjoy traditional grains such as millets and red rice, heritage greens like local spinach, and a variety of seasonal fruits and vegetables rich in Ayurvedic benefits. All food is grown without chemicals and follows time-tested methods that have supported communities for generations.

If you're passionate about sustainability, looking to reduce your carbon footprint, or want support in managing life-style conditions such as diabetes or high blood pressure, this lunch is designed for you. Set in a tranquil, scenic space, this is more than just a meal—it's a chance to reconnect with your roots.

Come, eat well, and feel well.

- Booking:** solitudepermaculture@gmail.com

Krishna for the Solitude farm & café

MOHANAM PROGRAM

For more information and registration for all the tours, workshops, classes and events:

mohanamprogram@auroville.org.in

Call/WA: 8300949079

Office: 10am—4pm,
Monday to Saturday

Auroville Bio-region hub for art, craft and culture to bridge and promote Local Tamil culture

1 day advance booking is necessary.

Make & Take Workshop @ Mohanam Campus

Craft Activity	Duration
Pottery Making	1 hour
Kolam Mandala Painting	2 hours
Coconut Shell Craft	3 hours
Incense Making	1.5 hours
Lampshade Making	3 hours
Paper Marbling	1 hour
Candle Making	1.5 hours
Soap Making	2 hours or 1 day
Traditional Leaf Craft	2 hours
Bamboo Jewellery	2 hours
Dreamcatcher	2 hours
Henna	2 hours



Pottery Making



Kolam Mandala Painting



Candle Making



Incense Making



Soap Making

- The Make & Take workshops can be booked for any day **Monday—Saturday, 10am—12:30pm or 2—5pm.**

Auroville Bioregional Experience with Mohanam

Tour Activity	Duration
Village Tour	3 hours
Munnur & Perumukkal Visit	6 hours
Kaluveli Tank Visit	6 hours
Bio-region Village Temple Tour	4 hours
Navagraha Temple Visit (Moratandi Navagraha Temple & Prithyangara Temple)	3 hours
Wood Fossil Visit and Quarry Shower	6 hours

Classes @ Mohanam Campus

1 day Advance booking of classes is necessary:

Activity	Time	Description
Cooking Class	Monday to Saturday, 10am—12:30pm	Learn to cook traditional South Indian food and snacks.
Saree Draping	Monday to Saturday, 10am—4pm	Learn how to drape a saree and model your look in an optional photoshoot.
Siddhar Ongara Five Elements Chanting	Every Saturday, 3:30—4:30pm	Chanting calms the mind, boosts energy, and fosters inner peace—join our class to experience its transformative power.

Tours inside Auroville with Mohanam

Tour Activity, Time	Description
Auroville Northwest Tour Monday to Saturday, 10:30am—1pm	Experience the beauty and richness of Tamil culture, tradition and heritage in the north-west zone of Auroville.
Mohanam Campus Tour Monday to Saturday, 10am—4pm	Visit Mohanam Bio-region Cultural Centre to experience Tamil culture with all your senses—taste local food, tour the bamboo experiential farm, attend art and craft workshops with local bio-region artisans, and buy products directly from the artisans at the Lively One-Village Boutique.

Thiruvannamalai Eco & Spiritual Services

Thiruvannamalai—Mohanam Services. Arunachala—Auroville. Tour, Retreat space, Camping, Temple visit, Ashram, Girivalam Full Moon Experience

The following services are available in Thiruvannamalai as Mohanam program has partnered with locals to arrange local tours, therapy, ashram visits, healing sessions, trekking and camping packages, group outings and awakening/spiritual tours and Thiruvannamalai volunteering activities. You can book the complete tour (cab, stay, local visit to spiritual places) by the Mohanam youth to Thiruvannamalai.

For more information, contact us:

- mohanamprogram@auroville.org.in,
- +91 8300949079

Balu for Mohanam Program

SADHANA FOREST

Plant based Saturday: Every Saturday

Join us every Saturday for a day of connection, learning, and delicious plant-based food! Whether you're curious about sustainable living, enjoy spending time with cows, or want to explore new recipes, we'd love to have you with us.

Schedule:

- 09:00 Breakfast
- 10:00 Cow Connection
- 11:00 Plant-Based Cooking Class
- 12:30 Talk on Diet & Nutrition
- 18:00 Dinner

You're welcome to join for the whole day or just a part of it, all offered to you as a gift from Sadhana Forest free of charge.

Aviram

WALK & TALK @ PEBBLE GARDEN

Saturday, 11 October, 10am—12:30pm



- Register: 8148715966 WA,
Bernard, Deepika, Ankita

*Deepika
for Pebble Garden*

AUROVILLE BAMBOO CENTRE EVENTS

Bamboo Centre Campus Tour

Bamboo Centre campus tour offers a holistic experience into the world of bamboo all in one place. Takes you from the bamboo sapling, different species, varieties of raw materials, workshops, products, food and wellness services related to bamboo is curated into an educational tour with bamboo tea and refreshments.



- 11am—12:30pm, 2:30—4:30pm
- Every day except Sunday
- Registration one day in advance.

Every Saturday Auroville Bamboo Tour with Special Bamboo Lunch



- 11:30am—12:30pm, every Saturday
- Registration one day in advance.

Special Bamboo Lunch for Groups in week days

- 11:30am—12:30pm, every day except Sunday
- Registration two day in advance.

Trainings and workshops

- Every day except Sunday

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people. Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

Daily, Make and Take Hands-on Workshops Experiences

One-Day, Make and Take Workshops:

- 9am—12:30pm, 1:30—5pm
- Registration one day in advance.
- **Furniture Workshop:** This immersive learning experience that offers the opportunity to learn the fundamentals of furniture construction and then make and take the furniture piece back home. This unique workshop will take place under the guidance of an expert.
- **Bamboo Lampshade:** Come and learn to make your own Bamboo Lampshade at Bamboo Centre and take home your own hand made lampshade at the end of the workshop.
- **Bamboo Giraffe:** Come and learn to make your own Bamboo Giraffe at Bamboo Centre and take home your own hand made giraffe at the end of the workshop.
- **Bamboo Bicycle (For Kids):** Are you ready to bring your cycling aspirations to life? Join our immersive 1-day Bamboo Bicycle frame-building experience and embark on a journey that goes beyond just assembling a cycle.

3 Hours Make and Take Workshops:

- Walk-in registration available
- 9am—12:30pm or 2:30pm—5pm
- **Bamboo Toys:** Come and learn to make your own Bamboo Toys at Bamboo Centre and take home your own hand made Toys at the end of the workshop.
- **Bamboo Musical Instruments:** We at Bamboo Centre are happy to share our vast experience and knowledge gained over 15 years. Come and learn to make your own traditional/folk instruments at our centre from professional craftsmen and take home your own handmade instrument at the end of the workshop.
- **Bamboo Jewellery:** Choose to craft, out of bamboo and learn to make your own Bamboo Jewellery at Bamboo Centre from professional craftsmen and take home your own handmade Jewellery at the end of the workshop.
- 10am—12:30pm or 2:30pm—5pm
- **Bamboo Planter:** Come and learn to make your own Bamboo Planters at Bamboo centre and take home your own hand made Planter at the end of the workshop.
- **Bamboo Archery:** Come and learn to make your own Bamboo Archery at Bamboo Centre and take home your own hand made Archery at the end of the workshop. This course provides you with the opportunity and guidance for create their own bamboo archery and bow from start to end. All tools and materials provided in the cost of course.



Upcoming Program

**Bamboo furniture workshop,
18 & 19 October.**

Discover the timeless charm of bamboo by crafting a hand—build furniture using traditional joinery techniques. This work shop focuses on balance, weight distribution and structural strength while celebrating the nostalgic joy of movement. Ideal for teams, families, or creators interested in sustainable furniture and playful outdoor design.



Bamboo Special Lunch

Come and enjoy the special bamboo lunch every Saturday only at Auroville Bamboo Centre. Pre-book in advance.

For more information, special requirement, and pre-booking contact:

- Preferred: bambooworkshop@auroville.org.in or bamboocentre@auroville.org
- or +91 8300949081, voice call & WA
- 0413 2623806/ 2964727
- Flexible training dates offered to groups
- www.aurovillebamboocentre.org

Balu for Bamboo Centre Team

EGAI GIVING

Arts and Crafts



Toys Workshop:

Craft simple toys made of wood and bamboo. **Finger Painting Workshop:** Tap into your inner child and learn how to paint with your fingers. **Coconut Shell Workshop:** Make and take earrings, keychains, bowls, and pendants. **Incense Workshop:** Come and make your own agarbatties.

Products



We make craftwork out of eco-friendly materials such as coconut shell. All our products are unique by design and sustainable.

- **Contact Anand:**
 - +91 9791896488,
 - egai@auroville.org.in

Anand

ENLIGHT



+91 76398 10621/82700 71581/0413-2963034
enlight@auroville.org.in / www.enlight.org.in

*Arun, Anand and Balaji
for Enlight Team*

Multiple Activities

IT MATTERS ACTIVITIES

A/C room

@ It Matters, Auroville Main Road

More info on instagram:

- [@auroville.curated](https://www.instagram.com/auroville.curated)
- Workshop pre-registration required:
- [itmatters.auroville](https://www.instagram.com/itmatters.auroville) or
- +91 9344087925 WA

ITMATTERS.AUROVILLE.ORG

@AUROVILLE.CURATED

LOCATION:
Auroville Main Road
Kuilapalayam



Date	Workshops in October
10, Friday, 5—6:30pm	Sound Bath with Singing Bowl Massage (a recurring activity on Fridays) with Satyayuga. Fixed price 500Rs. and 50% for AV/ New-comer/ SAVI.
11, Saturday, 10am—12pm	Self Awareness (A Progressive Journey) with Aditi Kaul, Contribution Based
11, Saturday, 2—3pm	Technosophy: The Nature of Technique—El-lul's "The Technological System" with Daniel Raju, Contribution Based

* Pre-registration for Workshops required (if participants do not actually come after registration, the session might be cancelled)

*Sandra & Bhakti
for It Matters*

Office Spaces

Hive Coworking Space Open House

- Every Friday, 9am—7pm @ Hive, Auromode



Step into Hive and experience the Cosy workspace with super-fast Internet, Coffee—All for Free on our weekly Open House from 9am to 7pm.

Visit us at www.auromode.in/hive-coworking for more details on our flexible plans and facilities.

For inquiries: auromodehive@auroville.org.in

- +91 9042759540 WA, +91 7092197375 WA
- or drop by. *Dhesh for Hive Team*

It Matters:

Space Sharing for creative people

Do you need an art studio or an office space? Whether it's computer work or artistic practices, we'd like to invite 5 to 10 people max that are committed to using the space for at least 1 month and up to 6 months and more.



The monthly contribution will be adapted to the space you need and how long you commit. Interested?

- Send us your info, creative practice and motivation at: itmatters@auroville.org.in

We'd love to meet you :)

Bhakti & Sandra

Kinisi Cowork

Our vibrant space—right behind Kinisi e-mobility (CSR campus)—offers an ideal balance of focused work, being part of a supportive community and relaxing surroundings.

- **Opening hours:** 7am—11pm
- **Flexible Passes & Validity:**
 - 1 Day Pass
 - 5 Days Pass (Valid 14 Days)
 - 25 Days Pass (Valid 60 Days)
 - 60 Days Pass (Valid 120 Days)
- **Conference Room:** As Booked (4 hrs)
- **Amenities:** Enjoy fast internet, power backup, AC, meeting room, EV Charging and complimentary coffee/tea (10am—4pm).
- **Community & Connection:** Beyond the amenities, we cultivate a supportive community that fosters collaboration and upskilling. We organise coworkers' lunches, game nights and workshops to learn new skills.

Ready to join? Learn more and book your spot:

- +91 9429690049, hello@cowork.kinisi.in
- CSR Campus, Auroshilpam, Auroville—605101
- cowork.kinisi.in

Laure

Office Space Available: Auromode

Office Space inside Auromode Premises with superb infrastructure, including Generator back-up, 24 hours Security service, Aqua Dyn drinking water, Car & Bike parking and restaurant.



Contact Mr. Pandian at Auromode in person, +91 9943390391 or pandian@auroville.org.in *Pandian*

Aurelec Spaces Available

35.12 sqm. closed space available inside Aurelec Premises. This space is ideal for workshop or office or storage with generator back-up, 24 hours security, parking, provision to put air-conditioners, high speed fibre internet access (BSNL and Aurinoco), canteen and sports facilities.



Conveniently located closed office room (around 18.30 sqm.) on the first floor inside Aurelec premises with superb infrastructure, including generator back-up, UPS System, provision to put air-conditioner, 24 hours security, parking, high speed fibre internet access (BSNL and Aurinoco), canteen and sports facilities.

- Interested people may contact Mr. Siva at Aurelec in person, or by phone to 2622293/ 2622294 or e-mail adps@auroville.org.in

Siva for ADPS Trust

Looking For

Looking for a petsitter

I am Megha, a newcomer currently. I am looking for someone who can stay with my dog for around 5 weeks at my house, starting end of October to 2/ 3 December. Lilly, my dog is a 7 year old medium-sized Indie. If you or someone you know will be interested, please get in touch with me on 9620812752 WA. We can discuss the details. *Megha*

Looking for long-term home sitting

I have been working with Auroville Consulting for the past year and am looking for a long-term home sitting opportunity. I will keep the house neat, clean, and well-maintained. If you know of any possibilities, please contact me.

Madhu Agarwal, +919790582924

Looking for a two-wheeler for monthly rental

Can be an electric or petrol scooter. Or a motorcycle with gears. Premium options like Honda CB350, Royal Enfield 350 or Honda XPulse are also welcome. If you have something on offer, please send brand + model, price and pictures to me on +31657770922 WA *Marnix*

Honorary Voluntary

VOLUNTEERS NEEDED @ Botanical Gardens

A lot of work goes into caring for the Botanical Gardens to keep them looking beautiful and pristine. We invite new volunteers who are ready to help and dedicate some time to caring for the various parts of the Gardens. In particular, right now we need volunteers to help with the Japanese Garden and Labyrinth area, and would like to find one person who could be trained as a long term backup for all parts of the garden work, especially the watering system.



The work involves a lot of weeding, mulching, composting, pruning and clipping, raking and other general maintenance tasks. Talking to the plants, trees and creatures is also welcome, along with jokes and cheerfulness.

- If interested please contact Noel at earthyoga@hotmail.com or stop by in the morning sometime to explore the possibilities.

Noel Parent

GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day **from 7am onwards**, and have a vegan breakfast at **8:45am**. Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,

8525038274 WA or call
8122274924

Aviram for Sadhana Forest team

VOLUNTEERING @ ECOSERVICE

Everyone is welcome at Ecoservice because it's our communal attempt to practice what we preach about ecology and a city the Earth needs.



**Tuesday mornings
is a dedicated time that all
are welcome to randomly drop in**

for some onsite sorting and other activities, to look around or whatever. For regular volunteering, special projects or needs, please call first.

B for Ecoservice,
7598911090 WA

AARAMBHAM LEARNING SPACE

Looking for a long-term volunteer Facilitator

Our expectations: Responsibility and punctuality, ability and preferably some experience of work in the education field (age from 6 to 12), good communication skills with kids and adults, ability to move around Auroville, interest and motivation, optimism and good energy.

We can provide lunch and some additional bonuses to come as you will stay with the team longer.

For details: aarambham@auroville.org.in

◦ +91 83002 88303, WA messages



Alexey

Foods, Goods & Services

POUR TOUS WATER FREE SERVICE

Pour Tous Water provides free service to the Aurovillians as part of the prosperity vision (service for all). This free labor service is supported through city services budget.

The parts & material costs need to be paid directly by the Aurovillians to the supplier as follow:

- NEFT through financial service or Gpay.
- Post completion of the work you will receive payment details through the PTW office.
- Hard copy of the material bill from supplier shall be sent thereafter.

For the work, please contact us at Pour Tous Water office numbers:

• 2622899, 9843644308 WA and Call

• ptw@auroville.org.in

Please note:

- Do not give any cash to any team member of PTW.
- We request to avoid calling our workers directly on their contact numbers.

Danny, Grace
for Pour Tous Water team

HIBISCUS HERBAL TEA @ PTDC

Hibiscus has an Immense health Potential.

To avoid any sugar mixed with flowers, we are giving the dehydrated flowers powder to make herbal tea. This process preserves all the qualities of the flowers.

Qualities: Hibiscus flowers and leaves have great properties to support the blood, the reproductive system and the nervous system. It has a cooling effect that helps to reduce the heat in the body and any inflammations in the urinary tract. It helps to re-balance the hormonal system for the woman who suffers painful menstrual cycle or excess bleeding along with anemia. The flowers help to purify the blood and the heart, assist the liver for a better skin complexion and it promotes hair growth.

Brewing Instructions: Bring 1 cup of water to a near boil. Pour it over 1 teaspoon of Hibiscus Herbal Tea. Cover and let steep for 5 to 10 minutes depending on your desired strength. Strain and serve, or refrigerate for up to 3 days.



Pierre

NATURELLEMENT GARDEN CAFE DISCOUNT

September: 50% every Thursday

We're happy to share that our 50% discount every Thursday has received such great feedback that we are now extending the offer through September as well. Most welcome!



Chitra for Naturellement

EXCITING NEWS FROM SUDHA'S KITCHEN!

What's new on the Menu?

- Red Rice & Millet Mixed Dosa
- Red Rice & Millet Mixed Idli
- Chapati every evening
- Dosa & Idli available for breakfast too!



**Healthy Plate monthly scheme
for Aurovilian Volunteers & Guests**

- Wholesome, balanced meals every day
- Easy monthly booking option
- Special Offer: Aurovillians get 20% Discount

Group Bookings Welcome: Planning a gathering or arriving with a big group? We'll be delighted to serve you fresh & healthy meals.

Contact Us:

+91 8608123072 WA, +91 413-3509884 landline

Come enjoy delicious, nourishing food in a warm place with beautiful trees surrounded!

Arun

AUROVILLE BAKERY CAFE IN TOWN HALL

7:30am—4:30pm

The Cafe is open from 7:30am to 4:30pm, serving South Indian breakfast, crepes, wraps, sandwiches, omelettes, juices, and all of your other favorites from the Auroville Bakery Cafe.

The Cafe also hosts an Auroville Bakery outlet, where you can find an assortment of breads, cakes, and croissants.

In addition, for your convenience, advance orders placed at the the Auroville Bakery can now also be scheduled for convenient pickup directly at the new outlet.

Auroville Bakery & Cafe Team, from Mass Bulletin



Pour Tous ஸ்ரீ தூஸ் For All

- Canteen is now offering an In-Kind Lunch Scheme (Tiffin Service)

We are happy to announce that PT Purchasing Service—Canteen is now offering an in-kind lunch scheme (Tiffin service). If you are interested in subscribing to the monthly lunch scheme, please send an email to: ptps@auroville.org.in.

- PT Purchasing Service closing time: 5:30pm
From Mass Bulletin



@ Luminosity Auroville

Lunch: Tuesday & Saturday, 12:30pm

Tea Ceremony: Wednesday, 10am & 3pm

Please book one day in advance

+91 9489693809, goyo@auroville.org.in

Won Ja for Goyo

RIGHT PATH CAFE



Kyonghyon Lee
for Right Path Cafe

NEEM TREE CAFE OFFER

Neemtree Cafe offers fresh fruits juices, wraps, dosas, parathas, tacos, salads, burgers, french fries etc:

- We are open every day **Monday to Saturday**
@ Mahalaxmi park (Near Solar Kitchen).
Sunday is holiday.
- Our prices are 20 to 200 only inclusive all taxes
Come and enjoy!

Parthasarathy Krishnan

TASTE OF YOGA: Vegan Café



VEGAN CAFE

TASTE OF YOGA

Raw | Gluten-free | No added sugar

Mon to Sat
08:30 - 16:30



Kathir for Vérité programming

AUROMODE RESTAURANT IS OPEN

Monday to Saturday

12—3:30pm & 6—9pm

We at the Auromode Restaurant are happy to announce that we are now open!

We look forward to seeing you all.

Pavithra
for Auromode Restaurant



UPDATE FROM THE LIVING ROOM CAFÉ, AUROVILLE

For the month of October only

The Living Room Café will remain

- closed every Wednesday.

Additionally, our new operational hours are now:

- 11am—9pm all other days

We welcome you for warm meals, fresh smoothies, and slow, comforting evenings at our space.

Thank you for your continued love and support.

+91 9566142115, Satyakam



THE SPROUT CAFE & RESTAURANT



Nourishing body and soul,
freshly made, daily at The Sprout.

Mon - Sat 7:00 - 16:00
www.thesprout.in

Monica for The Sprout team,
www.thesprout.in

SOUTH INDIAN BREAKFAST

@ Aurelec Cafeteria

7:30—10am

Variety of Dosa and
Millets Pongal, Coffee
Rs.99

Submitted by Shiva



FOODLINK MARKET IS OPEN EVERY DAY



Monday—Saturday, 9:30am—12:30pm

We welcome you every morning from 9:30am to 12:30pm. We are open to volunteers, guests & visitors and we accept payments by FS account, Aurocard and UPI.

- For more info:
call/ WA +91 83002 68804 or pass by.

Isabella

TAMIL NADU BASMATI RICE

@ Siddhartha Farm

At Siddhartha Farm, we have introduced Tamil Nadu Basmati rice, which we have been successfully cultivating here. It is now available at the following outlets: PourTous Distribution Centre (PTDC), PourTous Purchasing Service (PTPS), Farm Fresh, and Hers.



This aged, semi-polished Basmati raw rice is available in both whole grain and broken grain forms.

- Direct bulk orders are welcome, with a 25% discount offered on the following minimum quantities:
 - Whole grain rice, 25 kg
 - Broken grain rice, 15 kg
- Door delivery within Auroville will be provided as part of our service.

If there is a positive response from the community, we look forward to continuing its cultivation.

- For pricing and orders, please contact us at: siddhartha.farm@auroville.org.in, +91 8838012456

Available for immediate supply.

*Suha
for Siddhartha Farm*

DOWNLOAD OR ACCESS DROPZY APP

Android: <https://play.google.com/store/apps/details?id=app.auroville.dropzy>

iPhone Browser Version:
<https://app.dropzy.in/public/dropzy>

Desktop: <https://app.dropzy.in/public/dropzy/desktop-version>

Sathish



INTEGRATED TRANSPORT SERVICE



Your trust and encouragement inspire us every day to continue providing reliable and eco-conscious transport solutions for everyone: From E-scooter and bike rentals to taxi and transport services, electric rickshaw pickups and drops, electric bike maintenance and delivery services, we are honored to serve the diverse and vibrant needs of this incredible community.

Shared Transport Service

Shared Transport in Auroville is dedicated to offering **cost-effective travel options by arranging shared trips** between Chennai and Auroville. Additionally, we provide **local trips** within Auroville and Pondicherry.



- Taxi bookings can be made directly through our STS (ITS) office.

Location: ITS (Integrated Transport Service), Solar Kitchen Area, in front of PTDC, Auroville—605101

Contact:

- 8098776644/ 9442566256
- its@auroville.org.in

Rajesh.D for Shared Transport Service

KINISI E-MOBILITY

At Kinisi we are passionate about making sustainable, electric transport accessible and convenient for everyone in Auroville. Whether you're a guest, long-term volunteer, newcomer, or Aurovilian, we have tailored solutions to get you moving quietly, cleanly, and efficiently.



Our Services Include:

- E-Cycle, E-Scooter & E-Bike Rentals:
- Flexible pricing depending on the duration of rentals for guests. <https://app.kinisi.in/>
- Special discounted rates for SAVI registered for long-term volunteers—ask about our volunteer scheme! <https://app.kinisi.in/volunteer/>
- KIM Scheme: Exclusive benefits for Aurovilians and Newcomers. <https://app.kinisi.in/kim/>

Repair & Service:

- Comprehensive repair and maintenance for all models of e-cycles, e-scooters, and e-bikes—no matter where you bought it!
- General Service, Battery, Motor, and Controller check, parts replacement, and recycling services.

Contact Us:

- +91 8300460679/ 680, info@kinisi.in
- <https://bit.ly/2Jl4Q9Z>, <https://kinisi.in/>

Debo

SUNRISE TAXI SERVICE

SUNRISE TAXI SERVICE
A Unit of Auroville Foundation

Book A Taxi 24/7

+91 9843880591

Office: (0413) 2220591, 2220592

Office cell: 8610915429

sunrisetaxi@auroville.org.in

www.aurovillesunrisetaxi.in

Sathish for Sunrise Taxi

QUTEE

Electric Scooter Service

Many in Auroville are not aware that a quality service for all brands of electric scooters, and especially the ones (Hum-vee) made here over the years, is conveniently available. The Qutee service center is located near the Certitude entry of Auroville across from the Road Service just off the tar road before the Puncture Service.



New and old electric scooters can be repaired, maintained or replaced. Also battery services (recycle, repair, replace), Uninterrupted Power Supplies (UPS) and solar system services can be conveniently arranged. All work is coordinated by Govindaraj (Aurovilian) with decades of experience.

- You may call Qutee 9443372418/ WA 9092637055 or email govindaraj@auroville.org.in for any of your requirements. Upgrade to electric transport and solar power.

*Govindaraj & B
for Qutee Electric Scooter Service*



Open 24 X 7: Any Taxi bookings can be done directly to our UTS office. The contact numbers are:

- Landlines: 0413 2623586, 0413 2623587
- Cellphones: 9047015801
- Email: uts@auroville.org.in

Lakshmi for UTS

ANNAPURNA FARM BASKETS

Annapurna Farm offers farm baskets of produce/ products (dairy, fruits, and grains) from Annapurna to connect with the consumers directly.



Residents/ volunteers/ guests can select from the range of produce/ products to order via google form. Orders are delivered to Foodlink & PTPS on Saturdays. Some of the produce/ products are exclusively available for CSA orders.

- We have a WhatsApp group to make weekly announcements for the order form links and occasional farm updates.
- Please scan the QR code to join the group or [follow this link](#).



Madhuri for Annapurna Farm

RAPID CARE SERVICES

Rapid Care Services is your trusted one stop solution for repair and maintenance and ancillary works since 2022. For more information or to schedule a service, please don't hesitate to contact us.



Services offered

Category	Service
Metal Works	Channels, Doors, Piping, Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works, Floor Waxing
General Maintenance	Fumigation, All Home Utilities, Fencing
Installations	Washer and Dryer, Air Conditioner, Inverter, Water filter, Security Camera
Electrical Works	Wiring, Metre box, Lights, Switches & Sockets, Motion sensor
Cleaning Service	Deep cleaning—House, Office, Guest house etc, Bathroom cleaning, Water tank cleaning Vacuum cleaning, mopping, dusting, floor polishing, polishing mirrors.
Landscape Design	Overall design of outdoor spaces, from entrances to courtyards and community areas.
Repair & Renovation	Roof leakage, alterations to a pre-existing structure or building, upgrades to an existing building, outdoor space, or existing infrastructure.
Transport Service	Load Carrier facility

- **Contact:** + 91 8270071581
- **Primary Email:** rapidcare@auroville.org.in
- **Secondary Email:** rcsrapidcareservice@gmail.com
- **Instagram handle:** @rapidcare1

Balaji & Arun

HEMPLANET:

Explore the Benefits of Hemp!

Visit Hemplanet for a range of hemp-based products, including hemp oils, protein powders, hemp foods like granola bars and pasta, and body care products. All products are eco-friendly and perfect for a healthy lifestyle.



- **Location:** First Floor, Building 1, Auroville Main Road, Reve Area, Auroville
- **Opening Hours:** Monday to Saturday, 10am—4:20pm
- **Contact:** +91 8098021280/ +91 7824975821.

Daive

INSIDE INDIA



inside india
DREAMS & MEMORIES

Vanakam, Bonjour and Hello from Inside India

Auroville Bio-Region Tours by Inside India

Join our tours as we take you through the powerful, ever-evolving Auroville bio-region. Catered to your niche and interests; explore where forests are still growing, communities are still dreaming, and where the land speaks if you listen.

- **Tours run from 10am—3pm**, with a hearty Auroville-style lunch. Available **only** on request, with a 24-hour heads up.

Cycle Tours through Auroville

Ride into the green lungs of Auroville on our newest bicycles partnered with KINISI. Muddy red earth under your wheels, rain-washed trees above you, sound of birds, forest winds and chance detours, explore this slow travel at its finest.

- **Tours run from 10am—3pm.**
Please book 36 hours in advance.

Off-Road Cycling & Half-Day Rides

For those who want to go off-script; we now offer off-road rides with our seasoned cycling guide. These are wild, custom-built trails cutting through fields, villages, forests and backroads of the bio-region. We tailor it to your stamina, spirit and sense of adventure. Available on request, with a 36-hour heads up.

Inside India Timings and more

- Inside India is open for your next journey **Monday to Friday, 10am—5pm**
- We are open the second and fourth Saturdays of every month
- Inside India is closed on 1 and 2 October on account of Ayudha Pooja and Gandhi Jayanti
- **For urgent matters or emergencies**, you may contact our ticketing agent **Ganesh: +91 9894598686**.

Itineraries & Ticketing

Whether you're dreaming of a mountain retreat or a coastal getaway, we're here to help. Inside India offers tailor-made travel itineraries across India and Sri Lanka.

- **Write to us at** tours@insideindiaauroville.com to start planning.

We are open Monday to Friday, 10am to 5pm, at our Office in Kalpana Community (Opp. Auroville Library).

*Shaheen
for Inside India Team*

SURABHI SUPPLIES

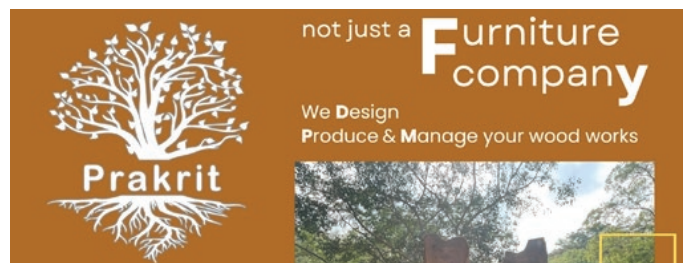
Your one-stop shop for quality materials and equipment in Auroville! We offer discounted prices on construction supplies, appliances, machinery, and more through bulk purchases, saving you time and money.



- **Contact us for all your procurement needs:**

surabhisupplies@auroville.org.in

+91 9843846458 WA, Phone, Iyyappan



Dear fellow Architects, Interior Designers and Developers in Auroville, we at Prakrit extend to you our expertise in working with Solid wood, primarily design and production of furniture and furnishings ensuring sustainable production, effective management and superior quality.

Head over to our website www.prakrit.org.in to check out our portfolio of projects done in collaboration with various architects and businesses over past years. Reach out to us for enquiries and collaborative opportunities.

Mehul for Prakrit, +91 9634424066

SARVAM COMPUTERS offers reliable service

Sarvam Computers is located in Utsav Complex. Sarvam Computer offers all types of computers sales and service, data recovery, all types of Apple device sales and services, office network and server setup, monthly and annual maintenances etc.



Contact Sarvam Computers

Utsav Phase—1 A, First Floor, Vérité Radial, Auroville

- 0413 2622050,
- 9443211891, 9786953603
- FS account: 251263
- sarvamcomputers@auroville.org.in

Bala

FREE STORE working hours

- **Mornings: Monday to Saturday, 9am—12:30pm**
- **Afternoons: Tuesday & Thursday, 2:30—4:30pm**

You're welcome to bring clean items to the Freestore.

We kindly ask that you come during open hours when someone is around, and avoid leaving things outside the door.

Kamala
for the Free Store team

Classes, Workshops & Healing Arts

AUROMODE SPA

Offers Cosmetology Services

Auromode SPA, offering services like facial, pedicure, manicure, waxing, threading, haircuts and hair coloring. Working from Monday to Saturday **only by appointment** call or WA: 9443635114.

Meha for Auromode SPA



WEEKLY HALF-DAY

Vipassana Meditation Course

Sunday, 12 October, 9am—1pm

@ Udavi school (near tank), Edayanchavadi

You are all very welcome to the weekly half-day Vipassana meditation course for "old students" **only** (meaning for those who have completed at least one 10-day course as taught by SN Goenka).



- First building to the left near the parking: [Location](#).

- No registration is required.
- You can come for the whole course or just drop in for some time whenever you want.

Please keep your cell phones off or in airplane mode for the duration of the course.

Laure, 88074 34864

MEDITATIONS WITH RAJESH

An Introduction to Vipassana Meditation

- **Saturday, 11 October, 10—11am**
@ Pavilion Of Tibetan Culture

Discover the Path of Inner Clarity and Peace

Join us for a one-hour session designed to introduce the practice of Vipassana meditation. Vipassana means "to see things as they really are". It is a profound method of self-observation that cultivates insight, emotional balance, and deep inner transformation.

This introductory gathering will offer:

- A clear overview of what Vipassana is and how it differs from other meditation styles
- Reflections on the purpose and benefits of the practice—from reducing mental clutter to fostering equanimity and compassion
- A walk-through of the process taught in 10-day retreats
- Practicing Anapana, the first step of Vipassana Meditation
- Space for Q&A where you can ask questions, share reflections, or simply listen

Whether you're curious or already exploring meditation, this session welcomes all with open hearts and open minds.

Anapana: Mindfulness Meditation

- **Saturday, 11 October, 11am—12:30pm**
@ Pavilion of Tibetan Culture
- **Age: 10 onwards**

To learn and practice a simple meditation technique focused on observing one's own natural breath. "Anapanasati" meaning "mindfulness of breathing".



This session is specially designed for children, ensuring that they grasp this technique with ease. With so much that is offered to children being based on materialism and the quest for instant gratification, Anapana provides a much needed method of getting in touch with their minds and a way to deal with one's daily stress, fears and anxieties

Regular practice of Anapana has proven to give many benefits ranging from improved concentration and memory, increased alertness of mind, increase in self confidence. With a decrease in anxiety, fear and nervousness and the mind becoming healthy and strong.

Rajesh

MINDFULNESS WITH HELEN:

Upcoming offerings

Miksang—Mindful Photography workshop

- Sunday, 12 October, 9:30am—12:30pm
@ Radiance, Aurodam

Miksang is a contemplative photography practice. Meaning 'Good Eye' in Tibetan it is a practice to synchronise the heart, mind & inner being.

Miksang invites us to see the world with fresh eyes, to let go of our conditioning, our stories, our techniques. Through practice we open our hearts and minds to the magic of the world. The session includes an introduction to Miksang, mindfulness practices to attune, and then time for practice. In this session we will be focusing on the elements of patterns and texture.

It is suitable for all—participants just need to bring themselves & something to take photos with (a phone is fine). Booking is required.

- To book contact Helen on 7094753054 WA or visit innersightav.org
- You can also book individual or group mindfulness sessions with Helen—see innersightav.org

Helen



LEELA THERAPY

A unique combination of psychotherapy, self-inquiry and ancient teachings of Enneagram of Liberation. I invite you to be supported by heart based and trauma-informed skills, taught by Leela School of Awakening.

- Private 1:1 sessions are a powerful and intimate container to work on your deep emotional healing and self-discovery. Anything, and everything is welcomed.
- Leela therapy is offered by Kardash in person or on-line.
- For more details see www.innersightav.org or WA Kardash on +91 9940934875

Please note updated timings

- Mornings: Monday & Wednesday,
- Evenings Afternoons: Tuesday & Thursday
- Full day: Alternate Friday or Saturday

Kardash



BHARAT NIVAS

Expressive Arts Therapy Workshop @ Progress Hall



A free 2-day workshop of exploring yourself through the arts. Sign up for the 2 days you can do by scanning the QR code below.

10:30am—3:30pm. Choose from the following dates:

- Friday, 10 October—Saturday, 11 October
- Saturday, 25 October—Sunday, 26 October
- Saturday, 1 November—Sunday, 2 November

Voice Consciousness workshop

- 13 to 16 November, 4—6pm @ Progress Hall



Regular Yoga Classes @ Progress Hall



On the auspicious day of Vijayadasami—Vidya Aarambam, I'm delighted to begin regular Yoga Classes at Progress Hall, Bharat Nivas, Auroville.

Vinyasa Flow yoga emphasizes the coordination of breath and movement, creating a dynamic and fluid practice.

Whether you're a beginner or an experienced yogi, Vinyasa Flow classes adapt to your level, offering the perfect balance of intensity and mindfulness.

With 10 years of yoga experience Bala is passionate about sharing the transformative power of yoga. His classes are designed to create harmony between breath, body, and mind while helping you achieve your wellness goals.

- Starting date: 2 October
- Thursday, Friday, Saturday, Sunday & Monday
5 days a week
- 5:30—7pm @ Progress Hall, Bharat Nivas

Style: Vinyasa Flow (Beginner to Intermediate friendly)

Contribution, October:

Drop-in only:

- Rs 500 per class for guests and non-Aurovilians
- Aurovillians, New comers and Volunteers—Rs 200 per class

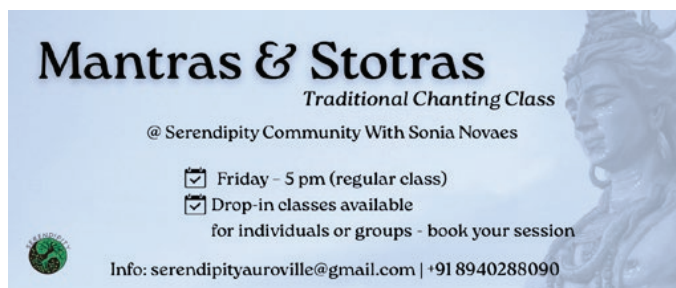
From November onwards regular students may shift to a monthly fee structure.

Additional Notes:

- Please bring your own yoga mat. A few mats are available to borrow if needed.
- Arrive 15 minutes before class to find your spot and relax into the serene atmosphere of Bharat Nivas.

Let us begin this journey of learning, energy, and balance together on this sacred day.

9980992923 for queries, Monisha, BN Team



Friday, 5pm (regular class) @ Serendipity Community

+91 8940288090,

serendipityauroville@gmail.com, Sonia

SITARA MUNAY-KI YOGA

From October onwards



With Sitara

Meditation · Yin Yoga · Sound Journey

- Mondays 10:30am—12pm @ Hall of Light in Creativity
- Thursdays 10:30am—12pm @ New Creation Studio

In this class, accessible to all levels, Sitara will teach her favorite combination of meditation, yin yoga and sound journey. Yin yoga uses gentle, long-held poses to release deep tension and increase flexibility. Combined with sound healing, it brings a calming and restorative experience for body, mind, and spirit.

With Munay

Surya Kriya · Yoga · Tibetans Rites

- Wednesdays 11—12:30 @ New Creation Studio
- Fridays 10:30—12 @ Hall of Light in Creativity

This is a combination of ancient Yogic practices, including a full Shamanic journey during shavasana, to energize and rejuvenate body and mind, and connect with higher consciousness

Locations

- [New Creation Studio](#) is on the second floor of the building just after La Piscine in the Auroville Community of New Creation. Stairs in the narrow pathway alongside the pool's brick walls.
- Hall of Light is in Creativity Community, in the center of Auroville.

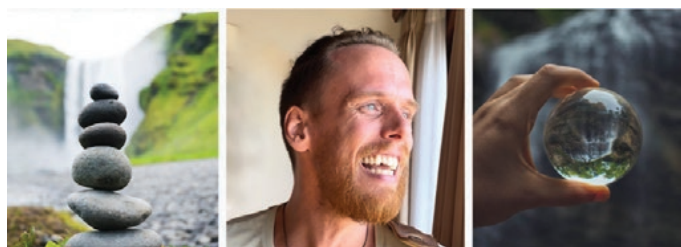
Other details

- Drop-in class
- Guests Rs600, Aurovilians Rs200
- Check our website for more info and updates: sitaramunay-kiyoga.org

Giovanni

INTEGRAL UNFOLDMENT

Transformational Coaching



Ready to go deeper? Explore your inner world gently, at your pace, with presence, curiosity & compassion.

Whether you're navigating life changes, seeking purpose, or feeling called to reconnect deeply with yourself, I offer 1:1 sessions grounded in presence, parts work, and embodied wisdom.

Curious to explore what's unfolding in you? Let's have a conversation...

By Dave (JOI Anitya), +44 7564119728 WA



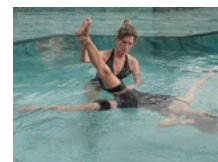
www.quiethealingcenter.info, quiet@auroville.org.in

+91 9488084966, Mobile & WA

OBA 3—Oceanic Body with Dariya & Fred

- 14—19 October, 8:45am—6pm, 50 hours
- Prerequisites: OBA 2

The training in Oceanic Bodywork Aqua 3 includes advanced techniques for both surface and underwater work. The focus on slowness, silence, love, and compassion, as well as the expression of emotions, allows for a deeper and more authentic connection between the giver and receiver, helping them explore their oceanic body and consciousness.



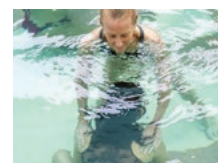
OBA 2 techniques will be reviewed and refined under supervision, while new OBA 3 techniques, both above and below water, will be introduced to create a seamless flow of movement.

The deep and intimate nature of this bodywork can evoke emotions, necessitating a safe space both in water and on land for sharing and acknowledging these feelings. The training will include both theoretical and practical instruction on managing emotions. The course will also address how to offer a series of sessions to a client and what this entails.

Loving Water with Roberto

- 20—22 October 8:45am—6:30pm 24 hours
- Prerequisites: no previous experience required.

This course offers a guided journey to overcome fear and discomfort in water by exploring movement, breathing, and floating through targeted exercises.



Objectives:

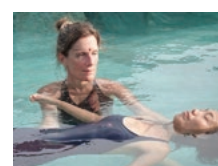
- Develop confidence in both shallow and deep water
- Learn to move intentionally and freely in water
- Manage anxiety and emotional blocks related to water
- Understand how the body behaves in water to prepare for swimming lessons
- Promote relaxation, body awareness, and emotional resilience

Benefits reported by participants include reduced muscle tension, improved concentration and mental clarity, increased lung capacity and physical endurance, enhanced body awareness and self-confidence.

Watsu® & OBA Basic with Dariya

- 23—28 October, 1—6pm 31 hours
- Prerequisites: No previous experience required.

In Watsu Basic, during which the receiver's face remains always on the surface, you'll learn the qualities and body mechanics required to work with someone in water. During the OBA Basic part, you'll bring your receiver under water (with a nose clip), thereby offering a unique experience.



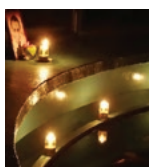
In this beginner's course, you will learn and practise basic techniques and qualities such as grounding, presence, stillness, movement, and attention in moving another person in water. You'll experience floating others and being floated, both on the surface and under water, thereby creating space for deep relaxation and nurturing body, mind and spirit.

Watsu® & Meditation with Dariya

• 30—31 October, 8:45am—6pm 15 hours

• Prerequisites: Watsu Basic

Meditation is an important tool for listening, accepting and knowing ourselves, as well as becoming more intuitive towards others. In our understanding, the purpose of meditation is to cultivate presence and peace of mind, enabling us to connect with our unique essence and the world around us.



It also encourages development of our intuition and perception through the heart, complementing the rational mind. This can help us making choices from a deeper place.

Essentially, meditation helps in our personal growth and enhances our ability to deeply listen to and be fully present with the person we float during a Watsu session.

Guido

WORKSHOPS WITH NIRUPAM GYAN

Gurdjieff Sacred Movements

• 27—29 October @ CRIPA

An active meditation workshop to develop self awareness and presence through precise exercises developed by Georg Gurdjieff.



• Information and registration:

<https://tinyurl.com/42s3jn37>

• Residents and long term volunteers, please contact:

auroville.workshops@gmail.com

Hosted by AGP Workshops and CRIPA

Sufi—The Path of Love

• 31 October—2 November @ CRIPA

A soul-nourishing journey into the heart of Sufi mysticism through the sacred practices of zikr (remembrance) and whirling meditation dance.



• Information and registration:

<https://tinyurl.com/42s3jn37>

• Residents and long term volunteers, please contact:

auroville.workshops@gmail.com

Hosted by AGP Workshops and CRIPA

Raghu

SOUND THERAPY & SELF HEALING

Rejuvenating soundbath combined with breathing techniques for maximum benefits: By immersing yourself in the vibrations from a sound bed you will start to connect with your body's consciousness.



By performing specific breathing exercises and deepening your connection with the chosen organ, you will be able to release negative emotions such as anger, sadness, and hate—and be able to invite joy, love, and stability into yourself.

These exercises can be continued as a Self-Healing practice at any time in the future.

• Contact 9385428400 call/ WA to book your session!

• Donation Based *Submitted by Isha*

BODY AWARENESS

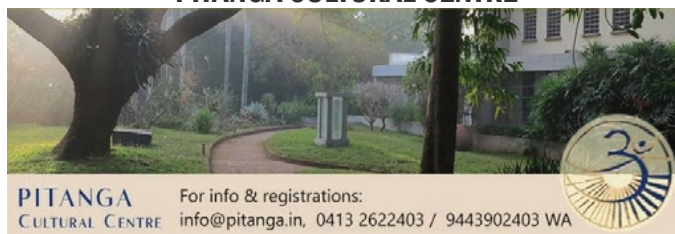
& Relaxation with Hans

Wednesdays, 5—6:15pm @ Budokan Dojo, Dehashakti

For more info: 8110848123 WA

Hans

PITANGA CULTURAL CENTRE



PITANGA
CULTURAL CENTRE

For info & registrations:
info@pitanga.in, 0413 2622403 / 9443902403 WA

October

Yoga and Classes

Days	Drop-in Classes	Timings	Presenters
Monday	Asanas mixed level	7:30am—9am	Rachel
	Yoga Therapy	8am—9:30am	Gala
	Listening Within	4pm—5pm	Mike
	Iyengar Yoga	5pm—6:30pm	Olesya
Tuesdays	Asanas, Self-Practice	7:30am—8:45am	Rachel
	Yoga: Restore & Relax	4pm—5:30pm	Florina
	Kundalini Yoga for beginners Digestion, Elimination & Metabolism	5:30pm—7pm	Bel
Wednes-day	Asanas mixed level	7:30am—9am	Rachel
	Yoga Therapy	8am—9:30am	Gala
	Vinyasa Flow Yoga	5:30pm—7pm	Florina
Thursday	Iyengar Yoga	6:45am—8am	Olesya
	Prana Kriya	7:30am—9am	Florina
	Aviva Exercise for women only	4:30pm—5:30pm	Suriya-gandhi
	Iyengar Yoga	5pm—6:30pm	Olesya
	Yoga: Restore & Relax	5:30pm—7pm	Florina
Friday	Pranayama, for former “The Art of Living” course participants	6:45am—8am	François & Namrita
	Yoga Therapy	8am—9:30am	Gala
	Asanas mixed level	7:30am—9am	Rachel
	Somatic Resourcing Movement Ritual	3pm—4:45pm	Nikethana
	Readings of The Life Divine	4:30pm—5:30pm	Balvinder
	Feldenkrais	5:15pm—6:15pm	Shari
	Vinyasa Flow Yoga	5:30pm—7pm	Florina
Saturday	Iyengar Yoga	6:45am—8am	Olesya
	Breathing & Mudras	8am—9:30am	Gala
	Asanas intermediate level	9am—10:30am	Rachel
	Truth Based Relationships, practical sessions	2:30pm—4:30pm	Juan Andres
	Iyengar Yoga	5pm—6:30pm	Olesya

Classes by Prior Registration

Days	By appointment	Timings	Pre-senters
Thursday	Neurographica®—Art Therapy for adults	3pm—5pm	Gala
Friday	Neurographica®—Art Therapy for families	3pm—5pm	Gala

Youth Activities

These are ongoing educational programs and not drop-in classes. If a child is interested, parents need to talk to the teacher before joining the class.

Days	Drop-in Classes	Timings	Presenters
Monday, Wednesday	Teen Yoga	4pm—5:15pm	Lisbeth, Florina

These classes are for the teenagers from AV schools. Parents are invited to register their children with Lisbeth at the start of the school season. Florina takes the classes in Lisbeth's absence

Healing Space

Presenter	By Appointment
Afsaneh	Bio-Resonance (with Bi-Com machine) Chiropractic
Auromira	Shamanic Healing
Francesca	Antigymnastique®
Gaspard	Sound Healing Therapy with Singing Bowls
Heidi S	Acupuncture
Jivatma	Sarga Bodywork®
Juan	Thai Yoga Massage
Nikethana	Sha-Lu-Ha-Ka Bodywork
Olesya	Visceral Massage Neurology Massage Psychosomatic of diseases Women's Health Therapy
Patricia G	Shiatsu (for Auroville residents only). Contact directly via WA message to schedule an appointment: +91 948 7230 399

New Activities

Kundalini Yoga for Digestion, Elimination & Metabolism with Bel

- **Tuesdays, 5:30pm—7pm**

Aging doesn't start with years alone—it begins with nutritional deficiencies, stress, intestinal imbalance, and a rigid spine that blocks the natural flow of energy.

When digestion is slow or imbalanced, the body is more vulnerable to common ailments—from fatigue to colds. A healthy digestive system, however, nourishes the body and supports mental clarity and emotional balance.

Join us this October to strengthen digestion, improve elimination, and experience the rejuvenating power of Kundalini Yoga.

Each week, we explore a different Kriya, while the month's focus stays on digestion, elimination, and metabolism. Gentle yet powerful, these sessions work deeply on the nervous and glandular systems and open space for self-awareness.

Every class is a full experience—from dynamic exercises to deep relaxation and meditation—helping you connect body, mind, and spirit.

Workshops

Awareness Through the Body-with Isora and Rosario, facilitator in training,

- **Saturday, 18 October, 9am—12pm**
- Prior registration required. Please contact Pitanga.

It is a practice developed in Auroville, India, that aims to expand consciousness and offer the opportunity for both children and adults to become aware of their own perceptions and abilities, so that they can become independent and self-aware individuals. The activities are creative and often fun, develop gradually, and encourage attention, concentration, and relaxation, providing feelings of well-being and a deep connection with the Being.



Pitanga joins Auroville's journey toward a cashless economy. Contributions are digital—either by FS account, Aurocard or UPI payment. Thank you for letting your guests know!

If you wish to receive our program of activities by email or WhatsApp, please write to us. See you at Pitanga, with a smile!

Anandamayi for Pitanga Team,
2622403/ 9443902403 WA,
info@pitanga.in

VÉRITÉ PROGRAM

www.verite.in

Regular Events October

- 0413 2622045, 2622606, 9363624083
or programming@verite.in, www.verite.in



Therapies

Pre-registration required

Therapist	Therapies (by appointment only)
Andres	Thai Yoga Massage Bodywork
Ashok	Cupping Therapy Deep Tissue Massage Therapy Acupressure Therapy
Mamta	Face & Neck Massage
Mani	Yoga Chikitsa: Personalized Yoga Therapy Thai Yoga Massage
Mila	Biodynamic Craniosacral Therapy
Parvathi	Food is Medicine: Lifestyle Health Practices Consultation Healing Facial Therapy: An 8-Step Skin Care Treatment with Indigenous Herbs Head Massage & Hair Care
Raja	Integrated Ayurvedic, Acupressure, Deep Tissue & Heart Healing Massage
Satyayuga	Healing Sound Bath with Tuning Forks
Susan	Heart-Centered Resilience
Vyshnavi	Energy Healing Reiki Holistic Foot Reflexology Holistic Rebalancing Massage

Classes

Days	Drop-in Classes	Timings	Presenters
Mondays	Yogasana, Pranayama & Relaxation, no class on 20 October	9:15am—10:15am	Mani
	Shamanic Breathwork & Free Movement: Clarity & Peace	5—6pm	Lakshmi
	Deep Sound Bath	5—6pm	Satyayuga
Tuesdays	Yoga to Improve Flexibility, no class on 21 October	9:15am—10:15am	Kalidas
	Dance of the Chakras	5—6:30pm	Lakshmi
Wednesdays	Yogasana, Pranayama & Relaxation	9:15am—10:15am	Mani
	Hatha Vinyasa Yoga, no class on 1 October	5—6pm	Andres
	Taralaya Flow Dance	5—6:30pm	Vera
Thursdays	Prana Vidhya	9:15am—10:15am	Kalidas
	Open Heart Space Meditation	03:30—4:30pm	Samrat
	Deep Sound Bath	5—6pm	Satyayuga
Fridays	Yoga for Energy Activation	7:30am—8:30am	Mani
	Free Flow Dance & Movement, no class on 3 October	5—6:30pm	Vega
	Hatha Vinyasa Yoga, no class on 3 October	5—6pm	Andres
Saturdays	Balancing Asanas, no class on 18 October	7:30am—8:30am	Kalidas
	Deep Sound Bath	5—6pm	Satyayuga
	Yogasana, Pranayama & Relaxation	5—6pm	Mani

Workshops

Pre-registration required

Day & Date	Workshops, pre-registration required	Timings	Presenters
Saturday, 11 October	Restorative Yoga	9:15—11:15am	Kalidas
	Face & Eye Yoga	2—4:30pm	Mamta
Saturday, 18 October	Practices for Inner Exploration	9:15am—12:15pm	Mila
	Authentic and Effective Conversations	9:15am—12:15pm	Radhika, Gaia & Giovanni
	Panchakarma: Ayurvedic Purification Techniques	2—4pm	Dr Geeta
Saturday, 25 October	Pawanamuktasana Series: Energize the Joints	9:15am—12pm	Mani
	Yoga Nidra: Deep Relaxation	2—4pm	Kalidas

Restorative Yoga with Kalidas

- Saturday, 11 October, 9:15—11:15am

Help the body to elicit the relaxation response. Gentle and breath coordinated movements help restore the body to its parasympathetic nervous system function.

Face & Eye Yoga with Mamta

- Saturday, 11 October, 2—4:30pm

Learn simple self-massage techniques & exercises to release tension in the facial area, stimulate blood circulation & improve the efficiency of our sense organs, and tips on preventing eye damage caused by screen time.

Practices for Inner Exploration with Mila

- Saturday, 18 October, 9:15am—12:15pm

The workshop will review basics of yogic anatomy and present several methods for becoming aware of deep internal tensions on the different bodies. The practitioner will learn by practicing simple tools to master his/her inner space and to progress in the practice of awareness and meditation. This workshop may continue with periodic classes.

Authentic and Effective Conversations with Kaia, Munay & Radhika

- Saturday, 18 October, 9:15am—12:15pm

This workshop explores how to bring more clarity, care, and balance into our conversations—especially the difficult ones. Together we will practice three core skills: speaking authentically, listening deeply, and creating safe structures for dialogue. These practices support us in living unity in diversity and nurturing harmony in Auroville.

Panchakarma: Ayurvedic Purification Techniques with Dr. Geeta

- Saturday, 18 October, 2—4pm

For human health and healing purposes, Ayurveda has a Panchakarma, which is a set of five cleansing procedures. Through this workshop you will learn about these 5 types of cleansing and purification processes. You will learn about internal cleansing as well as external physical body cleansing. *Hon*



"Where contemplation meets playfulness and transformation."

What about going on a playful or concentrated quest?

This creative activity, known also as 'Sandplay' opens up your imagination and intuition, to reveal your own unique living soul. This is a gentle journey into storytelling, where words may follow—or not." The **World Game** can be a complete one time experience, or a journey with multiple sessions.

Join the World Game in a space opening onto a peaceful garden. Sessions are by appointment, and can be for one or for two people at a time. Including intergenerational pairs. The duration is generally around 1,5 hours.

- Click to know more: [Adults](#) or [Children](#)
 - <https://spiritandnature.org.in>
- Contact Aikya: +919488084952 WA
 - spiritandnature@auroville.org.in

Aikya

ARKA WELLNESS CENTER PROGRAM

arka@auroville.org.in, 0413 2623799



Treatments

Therapist	Treatments, When
Barbara	- Yoga of Mother and Sri Aurobindo - Healing and Awareness on all levels (physical, vital, emotional, mental and psychic) - Mother's Flower Medicine (vibrational remedy) - Individual Sessions and Groupwork - Psychosomatic Therapy and Breath Therapy - Consciousness/ Energy/ Body Work based on Integral Yoga Only by appointment baritam@auroville.org.in
Pepe	- Body Logic, Soft Massage, Deep Tissue Massage - Monday to Saturday By appointment, +91 9943410987
Silvana TOS	- Cranio-sacral, Lomi Lomi, Kahuna massage, Barefoot body massage - Monday to Saturday, by appointment only +91 9047654157
Antarjyoti <i>English & French</i>	Psychospiritual Introspective Tarot Reading - Deconditioning Self Inquiry - I ching oracle - Inner/subpersonalities forces awareness Monday to Saturday, by appointment only 0413 2623767, antarcalli@yahoo.fr
Niyati Thakkar	- Integral Regression therapy - Integral reiki healing - Holotropic technique breathwork Monday to Saturday, by appointment only +91 7041391995, narayani-nc@auroville.org.in
Shruti	Physiotherapy, in Orthopedics. Neck pain, Frozen shoulder, any shoulder related pain, Low back pain, Knee pain, Heel pain, Muscle injury, Ligament injury, Sports injuries, Sciatica, Post fracture/ Surgical rehabilitation, Stroke/ Paralysis, Facial palsy/ Bell's palsy, General fitness, Ergonomic advice By appointment only, +91 7904769496 auroshruthi@auroville.org.in

Classes

Teachers	Classes	When
Damien TOS	Acroyoga	By appointment only, +91 9047722740
Teresa	Pilates	Tuesday & Thursday, 7:30—8:30am Friday, 5:30—6:30pm. By appointment only, +91 7867998952
Aurosugan & Priyanka	Eye yoga and wellness retreat	Monday to Saturday, 7—8am By appointment only +91 8012305151/ 9704258709

Basic Hatha Yoga: Monday, 4:30—5:30pm @ Arka

Join teacher Ivana Frousova for a calming Basic Hatha Yoga class. This session offers traditional postures with attention to breathing, strength, flexibility, and relaxation. Practiced at a gentle, mindful pace, it is designed for all adults. Perfect for beginners, yet equally valuable for experienced students seeking to deepen their foundation. Come as you are, leave feeling centered and refreshed. All levels are warmly welcome.

Services

Aurokiya: Eye care center

- Monday to Saturday, 9am—12:30pm, 1:30—5pm
- +91 8012305151, aurokiya@auroville.org.in

Morning Star: Birth & women wellness

- morningstar@auroville.org.in

Maatram: Psychological & psychiatric consultation

- By appointment, +91 9087709434
maatram@auroville.org.in

Convalescence Facility: Post-surgical and care facility

- For Aurovilians only, Max. stay 3 weeks
- Contact Arka 0413 2623799, arka@auroville.org.in

Emergency Services: Ambulance & emergency service

- +91 9442224680, ambulance@auroville.org.in

Svasti: Homeopathic consultation

- By appointment, +91 9428429642
adititva@auroville.org.in

Health & Healing Trust: Administration office

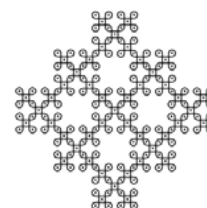
- healthhealingtrust@auroville.org.in

Ramana, Arka

ACTIVITIES BY GRACE GITADELILA

KolamYoga

KolamYoga offers one off Introduction sessions and /or Initiation sessions into the Integral 12 sessions foundation course. Develop power, beauty and knowledge in gestures guided through ancient symbolic scripts made contemporary. Return to deep relationship with yourself and Nature. Learn how to place yourself in its protection.



- <https://youtu.be/IErbDiGJVTA?si=z5yoS-chugMMnM6a>
- www.kolamyoga.com
- Book appointment with Grace Gitadelila, +91 8072449091 WA

Kotree Yoga

Private one on one sessions with Grace Gitadelila. Who has four decades of experience working with the body as a vehicle of expression, a carriage, a house, a temple in infinite manifestations of creations aspiration.

Gentle, strong movements, in chain sequence, held poses, alternated with rest and active guided recovery pauses, are fueled by conscious breathing. Each session inviting more and more a conscious integration of a whole beingness into the present moment. Activating wellbeing in a flowing liquid body.

- <https://youtu.be/DvxK5KR6u3M?si=cOdDK2YbtPs-ErYG>
- Book appointment with Grace Gitadelila, +91 8072449091 WA

Grace

Languages

LEARN

English and Hindi

- Learn spoken/ written English and Hindi language for fluency and confidence!
- For more information contact Ashwini: 8270512606.
Ashwini, Aspiration

NEWS FROM Auroville Language Lab 9 October



Many thanks to everyone who joined us for our Open House at the Auroville Language Lab on Saturday, 4 October! Your presence and enthusiasm made the event truly special.

If you missed the Tomatis Listening Session, you can still experience it by booking a session at

- tomatis@aurovillelanguagelab.org.

We look forward to welcoming you again soon!

Tomatis:

We still have some spaces for Aurovilians, Newcomers and Volunteers adults, teenagers and kids to do the Tomatis listening training programs—so don't delay to grab these spots. Have a look at <https://www.aurovillelanguagelab.org/alfred-tomatis-method/> for more info. If you have been waiting a while, or thinking about this for long, now is your chance. Send an email to tomatis@aurovillelanguagelab.org. Due to some postponements, two-week and three-week slots have opened up, which are great for the 30-hour Wellness Listening Training programs or shorter language programs. Open to all.

- **Resonance, the book!**

Check it out at <https://books.aurovillelanguagelab.org>

- To enquire or register: tomatis@aurovillelanguagelab.org
 - or call 0413 2622467 or 3509932

New! Presentation "SALT and the Benefits of Correct Intake"

- Friday, 10 October, 5—6:30pm
@ Auroville Language Lab

We often think of salt as a simple seasoning—but did you know that the correct intake of salt can play a vital role in your body's electrical balance and overall well-being?

Our body, which is 60% liquid, does not contain a single drop of pure water. It is water with electrolytes that allow for conductivity and life to happen. The modern habit of drinking 1.5—2 litres of liquid with low salt intake unbalances the body's chemistry, affecting functions of several systems in the body. It has also been shown to be the cause of some new maladies.

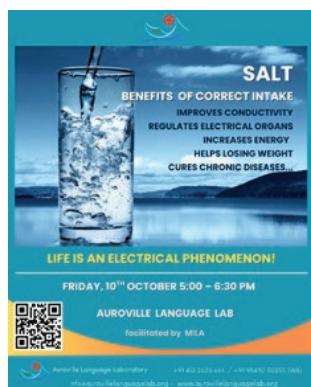
Come learn the importance of correct salt intake and how to safely do it!!

Join us for a fascinating presentation at Auroville Language Lab where facilitator Mila will explore the many benefits of salt for human health. Learn how proper salt intake:

- Improves conductivity in the body
- Regulates the electrical functions of organs
- Boosts energy levels
- Supports healthy weight management
- Contributes to overcoming chronic conditions

With the theme "Life is an Electrical Phenomenon," this engaging session will highlight how such a basic element can have profound effects on vitality and balance.

Don't miss this opportunity to deepen your understanding of the body's natural electrical systems and the essential role salt plays in keeping them in harmony. Open to everyone!



Courses:

Current Schedule of Classes

- <https://aurovillelanguagelab.org/current-schedule/>

Poetry Workshop with Vismai: Mary Oliver

This two-session (3 hour) workshop will dive into the life and work of poet Mary Oliver. Each session will feature close readings of selected poems, an exploration of poetic craft, and writing prompts inspired by Mary O's work. The workshop is for beginner-level poetry enthusiasts eager to deepen their engagement with this rich art form.

- Saturday, 11 October and Monday, 13 October, 4—5:30pm
- Register soon: <https://aurovillelanguagelab.org/registration/>

Beginner and Advanced Korean classes

On Saturday at 3pm we have started beginner Korean language classes led by Mihong. Registration is still open with seats left to fill up!

<https://aurovillelanguagelab.org/registration/>

Also, Mint has started **advanced Korean classes** on Wednesday, 13 August, 11am—12noon for those who already have a basic level.

Italian classes with Karuna

Karuna has re-started her excellent classes in Italian for all levels. Please register as soon as you can.

- Classes are held from 4—5pm, Tuesdays and Fridays. <https://aurovillelanguagelab.org/registration/>

French Classes

Bonjour! Dive into French—Intensive 2-Week Course

We are excited to announce a special two-week intensive French course at the Auroville Language Lab with our native French teacher, Isabelle. This program is designed for those who wish to rapidly improve their spoken French through daily practice and guidance.

- This course is closed to registration! It may be repeated in November.

The course combines one hour of lively conversation sessions with Isabelle. With this balanced approach, you'll gain confidence, fluency, and a deeper understanding of the French language.

- Classes begin in October 2025 and run Monday to Friday, from 11am—1pm, for a total of 20 hours (10 hours with the teacher and 10 hours of Mediatheque practice).
- Spots are very limited—only five (5) participants will be admitted—so early registration is highly recommended.

Beginner French with Jean-François: This 16-hour, 2-month course, is ideal for those who want to discover the French language. The classes are highly interactive, covering vocabulary of everyday life and the basics of grammar. By the end of the course, you will be able to make simple sentences useful for interaction, and talk about your work, hobbies, daily life, in a simple way.

- Course will resume early November.
- Classes on Mondays and Wednesdays, 2:30—3:30pm.

French Conversation (Pre-Intermediate level) with Jean-François: This 16-hour, 2-month course, is ideal for those who possess a little knowledge of French but are not yet comfortable conversing. The course will focus on day-to-day topics and will be a good mix of grammar, verbal as well as written exercises. By the end of the course, students will be able to communicate in the present, past and future tenses. Students can join the class at any time.

- Course will resume early November.
- Classes on Tuesdays and Thursdays, 2:30—3:30pm

For more information or to register, please contact the Language Lab at info@aurovillelanguagelab.org

Mandarin Chinese Course: A long-term volunteer from Taiwan, Shi-Ju, just arrived and will be available to teach Chinese at all levels in the next few weeks. There will be a beginner's class, and an intermediate class. Many of you had studied Chinese with Amanda many years ago when we were in our old building at Shakti. Later, some of you continued with Li Fang. You are all most welcome to come back to the Lab in our building in the International Zone, to further your Chinese studies. Send us an email with "Chinese" in the header.

Japanese Online Course: The Japanese course with a professional teacher from Japan has been confirmed and will begin in late November or early December 2025. We've already reached the maximum number of participants for this batch. However, if an opening becomes available, we'll be sure to inform you.

Spanish Course with Mila

Beginner classes: New proposed start of early October provided a minimum number of seven (7) registered students.

- Mondays and Wednesdays, 2:30—4pm or 4:30—6pm, depending on the consensus of student preferences

This will be a special program which will span three blocks of 3 months each (36 hours) and ultimately take the students up to conversational fluency.

Please register soon by contacting the Language Lab

- info@aurovillelanguage.org or
- online: <https://aurovillelanguage.org/registration/>

German—online private classes:

Our German class teacher Verena is back offering online private classes. Please contact the lab to register.

<https://aurovillelanguage.org/registration/>

English Classes

New! Intermediate English with Alex

- Starting 4 November, 16 hours
 - Tuesdays, Thursdays & Fridays, 5:30—6:30pm, open to all
- Looking to improve your English in a supportive and enjoyable environment? Join our eight-week English Language Course designed especially for lower-intermediate (B1) learners who want to boost their confidence and communication skills.

What to Expect

- **Tuesdays:** Structured lessons on grammar, vocabulary, and practical skills.
- **Thursdays:** Relaxed group conversations—open to all, so bring friends along!
- **Fridays:** Learner-driven sessions on topics chosen by the group.

About the Instructor: Alex, a native English speaker from the U.S., brings experience in research, community organizing, and intercultural exchange. His teaching style combines structure with engaging conversation, helping learners feel at ease while making steady progress.

This compact course blends clear instruction with real-life speaking practice. Through pair work and group activities, you'll gain fluency, confidence, and ease in everyday English communication.

- Spaces are limited—register soon to secure your place!

Next-Gen English: AI, Projects & You with Rupam

Ready to take your English to the next level? Join us for a fun and flexible language course where learning is anything but boring! Get customized English classes designed around your communication goals. Contact the lab to learn more.

Private and group classes for English

- **Rupam :** Our private and group classes are tailored to meet the unique needs of each student. However, please note that learning is not confined to the hour you spend with me. To truly develop a new skillset, it must become a part of your lifestyle. Be prepared to engage in various exercises that will challenge you to step out of your comfort zone and overcome your inhibitions.

- **Vismai:** offers English conversation lessons one-on-one and to small groups limited to 2-3 learners. Her classes are customized according to each individual's level and pace. Each class is divided into several segments focusing on aspects such as pronunciation, tuning the ear to various accents, fluency in conversation, basic grammar, reading comprehension, idiomatic expressions, and sentence construction. The lessons make use of poetry, film, song, and quiz to allow an easy assimilation of the language. Enquire for timings.

Beginner English w. Ashwini

The course places special emphasis on tenses and prepositions, as these are essential building blocks for creating correct and meaningful sentences.

It's designed to meet the needs of all learners, regardless of their starting level. The structure of the course ensures that every participant progresses with confidence.

By the end of the course, students will be able to speak and construct sentences in basic English with clarity and confidence.

- Wednesday and Thursday, 4:30—5:30pm, 24 hours over 3 months
- Started 15 October

Head on over to the Lab's online form and complete your registration: <https://aurovillelanguage.org/registration/>

Tamil

New! Tamil (Beginner) coming soon!

Would you like to start learning Tamil in a friendly and supportive group setting? We are preparing to launch a Beginner Tamil Course, designed for those with little to no prior knowledge of the language.

This course will focus on spoken Tamil, helping you build a foundation for everyday communication through practical exercises and simple conversations.

- Start Date to be announced (mid-October)
- Weekday(s) and timing will be confirmed shortly
- Instructor to be announced

Whether you live here or are just beginning your journey with Tamil, this course will give you the confidence to start speaking and understanding the language in daily life.

- Stay tuned for final details and registration information!

Tamil (Intermediate) w. Saravanan

Saravanan is ready to start an intermediate level group mid-October, based on speaking. It is meant for those who already attended the Spoken Beginner Tamil or already possess a basic knowledge of the language.

- Tuesdays & Fridays: 9:30—10:30am

NEW! Call for Native German Speaker Teacher—A1 Course

The Auroville Language Lab is seeking the help of a **native-speaking German** to teach **beginner-level (A1) German**. This in-person course would be offered anytime between now and the end of the year.

If you are a native German speaker who enjoys sharing your language and culture, we warmly invite you to join us in supporting learners at the very first step of their German journey.

- Auroville Language Lab
- Now—End of 2025

For more information or to express your interest, please contact the Auroville Language Lab.

Call for Arabic Language Teacher

We are seeking a dedicated Arabic teacher with a native-level command of the language for one-on-one lessons. If you are enthusiastic about sharing your expertise, we would love to hear from you! Please send a brief cover email outlining your experience to info@aurovillelanguage.org.

Reminder about our free Evening Programs

The evening conversation sessions are a chance for all to practice speaking with native speakers offering their time:

- Mondays 5—6pm:
 - French with Isabelle, 1st, 3rd and 5th week of the month
 - French w. Coco and Gaspard, 2nd and 4th week of the month
- New! Tuesdays: Tamil conversation with Abirami 5—6pm
- Wednesdays, 5:30—6:30pm: Sanskrit chanting with Remesh
- New! Thursdays: English conversation with Alex 5:30—6:30pm

We are still looking for native speakers to facilitate German and Italian conversation. Any weekday from 5—6pm is open for people to offer their language.

Current Schedule of Classes, 9 October

	Description/ Level/ Teacher	Duration/ Cycle	Time & Day(s) of Classes
English	Pre and Intermediate speaking & communication with Rupam	8-Hour Monthly, Always ongoing	10:30–11:30am, Tuesday & Thursday
	Creative Writing with Rupam	8-Hour Monthly, Start date: TBC	9:30–10:30am, Monday & Wednesday
	Beginner with Ashwini	24-Hour Monthly, Start date: TBC	5:30–6:30p, Wednesday & Thursday
	For Kids with Ashwini	8-Hour Monthly, Start date: 15/10/25	5:30–6:30pm, Wednesday & Thursday
	Intermediate with Alex	16-Hour, 2 months Starting 4/11/25	5:30–6:30pm, Tuesday & Friday
French	Beginner with Jean-François	16-Hour, 2 months, New Batch: early November	2:30–3:30pm, Monday and Wednesday
	Intermediate with Jean-François	16-Hour, 2 months, New Batch: early November	2:30–3:30pm, Tuesday & Thursday
Tamil	Spoken Beginner with new teacher TBC	24-Hour, 3 months, Start date: TBC	Times and weekdays TBC
	Spoken Intermediate with Saravanan	24-Hour, 3 months, Starting Mid-October	9:30–10:30am Tuesdays & Fridays
Spanish	Beginner with Mila	36-Hour, 3 months, 3 blocks each, Start date: 10/25	2:30–4pm, Monday & Wednesday
	Intermediate with Mila	TBC	TBC
Italian	Beginner with Karuna	8-Hour Monthly, Start date: 2/9/25	4–5pm, Tuesday & Friday
	Intermediate with Karuna	8-Hour Monthly, Start date: 4/11/25	3–4pm Tuesday & Friday
Korean	Advanced with Mint	4-Hour Monthly, Start date: 13/8. Still open to registrations	11am–12pm, Wednesday

Private one-on-one classes possible for all languages; please inquire.

Film Shows

Two documentary films, one on the Alfred Tomatis method (48 minutes) and one on the special features of the Language Lab building (27 minutes) are available on our new website and at the Lab, where you are welcome to come and watch them. All are welcome.

Communication with the Lab:

Service through our BSNL phone numbers:

- 2623661 (Lab) and 2622467 (Tomatis).
- For language-related matters:
 - +91 9843030355WA.
- For Tomatis:
 - please use 0413 3509932.

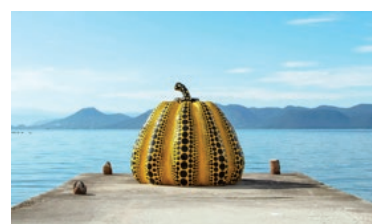
Mita, Mano, Louis & Enzo

Cinema

NAOSHIMA, an Island Alive with Art Friday, 10 October, 5pm

A talk by Maud and documentary screening

Naoshima is an island of the Seto inland sea in Japan that has become a global center of contemporary art in the last few decades.



Maud will share her experience of this unique place she visited. The talk will be followed by a screening of “In the hollows of the inland sea” a documentary by Jean-Michel Vennemani: 53min in French with English subtitles, 2015.

Marco

ECO FILM CLUB: Every Friday @ Sadhana Forest

Schedule of Events

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
- 16:30 Tour of Sadhana Forest
- 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
- 18:30 Eco Film Club begins with “previews” of short Sadhana Forest films
- 20:00 Dinner is served
- 21:15 Free bus from Sadhana Forest back to Solar Kitchen



Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.

- For more information about the bus service please contact Sadhana Forest at 8525038274.
- Note: Families and children are welcome! Dinner for children will be served at 19:00. :)

Friday, 10 October Last Chance to See—Blue Whale

2009, 59 minutes, Tim Green

The San Ignacio Lagoon, Baja, is the midpoint in a 10,000 mile long migration route for the grey whale—one of the longest migrations of all mammals. They come here to mate, give birth and raise their calves in the safety of the lagoon. Because they come here every year at the same time, it is one of the most guaranteed wildlife spectacles. However, this regularity made them more vulnerable to whalers and thousands got killed every year. Now protected, the grey whale numbers have begun to recover.

Submitted by Aviram



CINEMA PARADISO
Multimedia Center (MMC) Auditorium
Film Program
13—19 October 2025

Cinema Paradiso—Multimedia Center is operating at 100% seating capacity. Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time. A reminder not to use cell phone for any reason while the program is on, and no food/ beverage to be taken inside the hall.

Indian—Monday, 13 October, 8pm

Ei Raat Tomar Amaar (This Night Is Yours and Mine)

India, 2025, Dir. Parambrata Chattopadhyay w/ Anjan Dutta, Aparna Sen, Parambrata Chattopadhyay, and others, Drama, 104mins, Bengali w/ English subtitles, Rated: NR

On a rain-soaked night in Kolkata, estranged lovers Anirban and Malini cross paths after decades apart. As memories resurface and secrets unfold, their chance encounter becomes a haunting journey through love, regret, and the fragile hope of reconciliation before dawn breaks. *One night, two hearts, and a lifetime between them.*

Potpourri—Tuesday, 14 October, 8pm

Shiraz

India-UK-Germany, 1928, Dir. Franz Osten w/ Himanshu Rai, Charu Roy, Seeta Devi Jr, and others, Drama-History, 97mins, Silent film w/ intertitles in English, Rated: NR (PG)

This classic of Indo-British-German collaboration is set against the legend of the Taj Mahal. It tells the story of a humble potter, a Mughal prince, and the woman whose fate inspired one of the world's greatest monuments. Restored to its original beauty, this film offers a rare glimpse into early cinematic history, where love, sacrifice, and timeless artistry converge on screen. *This film is shared with us by the Auroville Theatre Group.*

Selection—Wednesday, 15 October, 8pm

St Vincent

USA, 2014, Writer-Dir. Theodore Melfi w/ Bill Murray, Melissa McCarthy, Naomi Watts, and others, Comedy-Drama, English-Spanish w/ English subtitles, Rated: PG-13

Vincent, a grumpy war veteran, reluctantly babysits his neighbor Maggie's young son Oliver. What begins as an unlikely arrangement grows into a heartfelt bond, as Oliver uncovers Vincent's hidden kindness beneath the rough exterior. In the unlikely of friendships, they uncover strength, compassion, and the reminder that sometimes the most broken people teach us how to heal.

Interesting—Thursday, 16 October, 8pm

Jane Goodall: When Animals Talk

USA-UK, 2005, Dir. Joanne Scoffield w/ Jane Goodall, Tracy Thorne, and others, Documentary, 89mins, English w/ English subtitles, Rated: NR

Renowned primatologist Jane Goodall explores the hidden languages of the animal world. From chimpanzees to dolphins, she reveals how creatures communicate with one another—and with us—uncovering extraordinary bonds that challenge our understanding of intelligence, empathy, and the shared voice of life on Earth. *In memory of Jane Goodall — who showed us that animals speak, and that listening with compassion can change the world.*



International—Saturday, 18 October, 8pm

La Plus Précieuse Des Marchandises

(The Most Precious Cargoes)

France-Belgium, 2024, Writer-Dir. Michel Hazanavicius w/ Dominique Blanc, Grégory Gadebois, Denis Podalydès, and others, Animation-Drama, 81mins, French-Russian-German w/ English subtitles, Rated: NR (PG-13)

In this acclaimed film, a poor woodcutter and his wife in war-torn Europe find a baby cast from a train. Naming her Jeanne, they raise her in secret as soldiers close in, and her survival becomes a moving story of love, sacrifice, and hope. *Even in the darkest times, love can be the most precious cargo.*

Children's Matinee—Sunday, 19 October, 4pm

Nina Et Le Secret Du Hérisson

(Nina and the Hedgehog's Secret)

France-Luxembourg, 2023, Dir. Jean-Loup Felicioli & Alain Gagnol w/ Loan Longchamp, Audrey Tautou, Guillaume Canet, and others, Adventure-Animation, 82mins, French-English w/ English subtitles, Rated: PG

This film is being brought to you in collaboration with Alliance-Française. When Nina's father loses his job, she and her friend Mehdi uncover a treasure map. Guided by a mysterious hedgehog, they set off on a daring quest of riddles and courage—discovering that the real treasure lies not in gold, but in friendship and heart.

Classic World Cinema @ Ciné-Club

Ciné-Club—Sunday 19 October, 8pm

Raise the Red Lantern

China—Hong Kong, 1991, Dir. Yimou Zhang, w/ Gong Li, Jingwu Ma, and Others, Drama-Romance, 125 mins, Chinese w/ English subtitles, Rated: PG

Set in the Warlord Era of the 1920s, the film follows a young woman who becomes the fourth wife of a wealthy man. Shot in the historic Qiao Family Compound near Pingyao in Shanxi Province, it is the fourth of nine Zhang-Gong collaborations and was later adapted into a ballet also under Zhang's direction.

EVERY CONTRIBUTION COUNTS

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/ program at MMC kindly email us at mmcauditorium@auroville.org.in. We kindly request you to set up a recurring contribution for "MMC-CP" or "Film-maker-guest Expense" via Unity Fund or make a one-time donation there. Your support is crucial in sustaining this effort, thank you for being part of it!

Nina for MMC/ CP
 Group Account #105106,
mmcauditorium@auroville.org.in

APPEAL TO SUPPORT MMC-CP



Appeal to Support MMC-CP Multimedia Center Auditorium – Cinema Paradiso

MMC-CP is one of Auroville's most active venues, hosting booked events and free community screenings. We're thankful that rental and personnel maintenance are covered, but our modest monthly budget—for generator, aging equipment, and networking, etc stopped since Oct 2024. Booked programs that once created a surplus have reduced, as several activities scaled down or closed. New costs like accounting, audits, and generator fuel (~₹15K-/month for free screenings) add pressure.

Can You Help?

Auroville units can contribute via the Unity Fund to **MMC-CP FS A/C 105106**. Just ₹3,000/month from 10 contributors sustains us—**two have stepped up, eight more needed**. Individual donors, especially Indian nationals, can also contribute any amount via the Unity Fund. One-time payments to our account, though subject to GST, are still helpful and appreciated. **Every contribution counts.**

Thanking you in advance,
MMC-CP Team

Nina for MMC/ CP



About N&N

NEWS AND NOTES GUIDELINES

Hard deadline for submissions TUESDAY 3pm

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

How to submit material:

- Max size of the published poster is 9.5cm x 4cm, landscape, independently of the size you sent. The bigger posters will be reduced.
- Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to newsandnotes@auroville.org.in.
- Articles for the Notes section should ideally be no longer than 500 words.
- Please do not send submissions and inquiries as a 'Reply' to the digital subscription mail. There is no guarantee that anyone will see communications sent this way.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before Tuesday 3pm.

Disclaimer:

The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offense caused. In case of any dispute, the Auroville Working Committee may be consulted and publishing of disputed material suspended.

Katiya & Alexey,
NewsAndNotes@auroville.org.in
Multimedia Center, Town Hall

Accessible Auroville Public Bus

avbus@auroville.org.in



Auroville TO PONDICHERRY

Monday to Saturday	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen—Roundabout	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35



Pondicherry TO AUROVILLE

Monday to Saturday	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Roundabout	8:34	12:50	18:44
Town hall—Main Parking	8:38	12:54	18:48
Vérité Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

Emergency Services

Ambulance (24/7): Auroville—9442224680

- PIMS—0413 2656271

Security (24/7):

- Auroville Security & Emergency Services (ASES)—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health:

- Health Center—0413 3509942 & 3509943
- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/ 7 support:

- Vandrevalla Foundation +91 9999666555

India Emergency Response Service (24/ 7): 108